



Center for Student Wellness: Counseling Services Health Services

Located in Doyle Hall

Christopher Anderson, MEd., LMHC (NY), Director

Martha Bova, LPN, Office Manager

**BEGIN YOUR
BONA  ADVENTURE**



Immunization Records State Law

- **STATE LAW:** Required for ALL undergraduate (Bachelor's) students taking 6 or more credits.
- **DUE DATE: JULY 23, 2019**
- **Will not receive room key if you have not submitted immunization records. Your student will be immediately directed to come to Health Services to speak with staff before receiving key.**



Immunization Records State Law

- May send through mail, fax, or scan and email (PDF) the records.
- **IMPORTANT: NO PHONE PICTURES OF FORMS WILL BE ACCEPTED.**
- Check with your primary care provider or high school nurse or health department for copies of your immunization records. If coming from another school as a transfer, check with previous school's health center as well.



Mandatory Health Services Forms

- Available on our website: Link is at the bottom of the handout. Please take one before you leave.
- Must fill out these forms before using Health Services.
- Can fill them out and send them with your immunization records. (Extra postage may be required. Check with the post office if sending by mail. They will be returned to you if you do not use the correct postage.)



Mandatory Health Insurance

- All full-time students must have health insurance to attend SBU.
- All INTERNATIONAL STUDENTS must purchase the SBU student health insurance plan.
- Full-time undergraduate (Bachelor degree) students will be automatically charged for the student plan **UNLESS** you fill out a waiver form found at the link on the bottom of the handout page.



Mandatory Health Insurance

- If your child is going to remain on your or their own policy instead of purchasing the SBU plan:
 - **MAKE SURE** that your plan has doctors in this area that are in network with your plan. Call your current insurance company (number on back of your card) and ask about in-network availability of providers in Olean/Allegany area.
 - If your plan does **NOT** have local doctors in-network, **PLEASE** consider purchasing the student plan.
- Have your child take a picture of the front and back of their insurance card and keep that picture in their phone.



Access to Health Services

- Insurance is **NOT** required to use campus Health Services or the Counseling Center.
- Insurance is required when:
 - The campus medical must refer out for services needed but not provided on campus (i.e. x-rays/MRI, lab testing)
 - Prescription medications are required which are not dispensed on campus
 - Any emergency medical services or surgeries are required.
- During non-business hours and a student needs immediate medical care of a non-emergent nature, taxi vouchers provided to/from Urgent Care or other medical provider offices.



Psychiatric services

- If your student is being seen by a psychiatrist or psychiatric nurse practitioner, please do NOT terminate that relationship.
 - We are in a rural area and have shortage of psychiatric providers
 - Work with psychiatrist or nurse practitioner to make arrangements for check-ups when student is home on breaks (i.e. Fall break, Thanksgiving, semester break.)
- Ensure that your student has at least a 30 day supply (or as much as prescriber can dispense at a time) of medications to hold the student over until the return home. Again speak with the student's provider to make arrangements. Don't Wait!



Allergy shots

- Allergy shots are provided on campus at Health Services IF you qualify: At maintenance dosing, and NOT high risk for anaphylactic reaction. Student's own allergist must fill Allergist Agreement form and you and your student must fill out the consent form and then send back to us for our provider to evaluate.
- All allergy forms, instructions, and requirements are available on our website listed on the bottom of your handout.



Counseling Services

- 3 full-time, licensed Mental Health Counselors or Social Workers: Treat depression, anxiety, eating disorders, etc.
- Can also arrange for services off campus at other local providers, if needed or desired.
- Nurse practitioner ***does not*** provide medication management. She does not prescribe controlled substances (i.e. ADHD/ADD meds.)



Mandatory Online Education

- All students **MUST** complete online education **BEFORE** receiving room keys.
- Alcohol, drugs, prevention of and response to dating and sexual violence
- Students will receive log-in information via email in July or early August.
- If you have questions, contact Residence Life at 716-375-2512.



**BEGIN YOUR
BONA  ADVENTURE**