

Dr. Kimberly S. Young
Professor of Management Sciences
School of Business
St. Bonaventure University
St. Bonaventure, NY 14778
(716) 375-2076 phone, (716) 375-2191 fax
kyoung@sbu.edu

EDUCATION:

- 1994 Psy.D. Indiana University of Pennsylvania, Indiana, PA
Emphasis: Behavioral Medicine and Neuropsychology
License Number : PA-008821-L
- 1992 M.A. Indiana University of Pennsylvania, Indiana, PA
Major: Clinical Psychology
- 1988 B. S. State University of New York at Buffalo, Buffalo, NY
Jacobs School of Management
Major: Business Administration
Concentrations: Finance and Management Information Systems
- 2000 University of Pittsburgh
Web Development Certificate (Coursework: Java and HTML Programming,
JavaScript, Internet Security and Firewalls, Databases, Intranet Design, E-Commerce)
- 2001 International University of Information Management
Coursework: Systems Design and Telecommunications

EMPLOYMENT HISTORY

Academic Appointments:

- 2006 - present **St. Bonaventure University**
School of Business
Professor of Management Sciences and Director of M. S. in Leadership Program:
Teach courses in Electronic Commerce, Organizational Behavior, Leadership, and
Business Information Systems for undergraduate, Professional Leadership, and MBA
Programs. Served as Associate Professor of Management Sciences from 2002 to 2006.
- 1995 - 2000 **University of Pittsburgh at Bradford**
Department of Psychology
Assistant Professor: Taught clinical and intervention psychology courses. Chaired
senior capstone projects and secured intramural and extramural funding for research.
- 1994 - 1995 **University of Rochester School of Medicine**
Department of Psychiatry
Instructor: Presented instructional case studies and relevant theoretical material for
weekly clinical case conferences and ground rounds to senior staff and physicians.
- 1992 - 1993 **Indiana University of Pennsylvania**
Department of Psychology
Teaching Associate: Taught General Psychology and supervised Human Cognition
Lab.

Professional - Clinical:

- 1995 - present **Center for Internet Addiction Recovery**
Bradford, PA
Executive Director: Conduct research and forensic evaluations on Internet-related conditions. Provide consultation for businesses, individuals, and practitioners regarding Internet addiction and conduct CE workshops on cyberdisorders.
- 1994 - 1995 **Strong Memorial Hospital**
Rochester, NY
Post-Doctoral Fellow: Performed psychological assessments within the departments of neurology and psychiatry. Rotated at the Brain Injury Rehabilitation Program participating within a multidisciplinary treatment team for neurologically impaired patients. Completed formal neuroscience course through the medical school covering areas of neuroanatomy, neuropathology, and clinical neurology. Supervised interns, practicum students, and technicians. Attended weekly neurology rounds, brain cuttings, and case conferences, all conforming to INS/APA Division 40 guidelines.
- 1993 - 1994 **Cleveland Department of Veterans Affairs Medical Center**
Cleveland, OH
Intern: Conducted psychological assessments for neurosurgery, rehabilitation, geriatric, chronic pain, and psychiatric inpatient wards and outpatient clinics. Participated in neurology, neuroscience, and neuroradiology rounds, all conforming to the INS/APA Division 40 guidelines. Completed training through Case Hospital and Cleveland Clinic and facilitated support groups for National Head Injury Foundation.
- 1993 - 1994 **Cleveland Clinic Foundation**
Cleveland, OH
Intern: Performed neuropsychological research and assessments with temporal lobectomy patients as part of externship through Department of Veterans Affairs.
- 1992 - 1993 **Harmarville Rehabilitation Center**
Pittsburgh, PA
Psychological Associate: Provided psychological assessment for adult inpatients and outpatients suffering from a variety of neurological disorders, including closed head injury, dementia, and stroke victims. Integrated computer-based psychological assessment software and utilized diagnostic Process Approach.
- 1992 **University of Pittsburgh School of Medicine**
Pain Evaluation and Treatment Center
Pittsburgh, PA
Outpatient Therapist: Rotated through the chronic pain and headache group treatment programs. Performed diagnostic and work tolerance evaluations which utilized a multidisciplinary team approach and cognitive-behavioral strategies.

- 1990 - 1992 **Center for Applied Psychology**
Indiana University of Pennsylvania, Indiana, PA
Outpatient Therapist: Provided psychological assessment and therapeutic intervention under live supervision for the university-based clinics in Family and Child Therapy, Stress and Habits Disorders, and General Assessment.
- 1991 **Western Psychiatric Institute and Clinic**
Division of Adolescent and Child Psychiatry
University of Pittsburgh School of Medicine, Pittsburgh, PA
Outpatient Therapist: Conducted diagnostic interviews and developed treatment plans with children ranging from 3 to 16 years of age. Performed cognitive interventions to children with diagnostic features of ADHD, Oppositional Defiance, and Conduct Disorders.
- 1988 - 1990 **Marital Therapy Clinic**
State University of New York at Stonybrook, Stonybrook, NY
Psychological Associate: Conducted intake interviews, pre- and post-testing, provided case management, and follow-up interviews for couples experiencing marital discord.

Professional - Business:

- 1999 - present **eBehavior, LLC**
Bradford, PA
President: Oversee marketing, financial management, and production of educational products and consultation services for healthcare, academic, and corporate markets.
- 1999 - 2000 **Crosby Dairy Products, Inc.**
Bradford, PA
Organizational Consultant: Developed and executed focus groups, designed image management program through radio and print advertisements, and enhanced merchandizing for convenience store company in excess of 22 million in revenue.
- 1988 - 1989 **Consortium of Precision Industries**
Long Island, NY
Systems Analyst: Analyzed office and manufacturing procedures to identify weaknesses and inefficiencies in operations. Modified office procedures and interfaced with programmers to automate manufacturing strategies. Wrote technical manuals, conducted training seminars, and redesigned workspace layout. Interfaced with vendors to resolve problems and to insure proper operation of automated systems.
- 1987 - 1988 **Citicorp Payment Products Division**
Buffalo, NY
Finance Intern: Investigated manual and automated transactions to resolve monetary discrepancies for over 200 financial institutions in domestic and foreign currencies.

1986 - 1987 **Jacobs School of Management**
 State University of New York at Buffalo, Buffalo, NY
Program Coordinator: Marketed and administered the University Seminar Series and Bank Management Institute. Executed marketing plans, secured case materials, classroom facilities, and housing.

JOURNALS & PROCEEDINGS:

1. Young, K. S. (accepted) Understanding sexually deviant online behavior from an addictive perspective, *International Journal of CyberCrime and Criminology*.
2. Young, K. S. (Invited paper) Assessment and Treatment of Internet Addiction, *Journal of Contemporary Psychotherapy*.
3. Young, K. S. (2007) Cognitive-Behavioral Therapy with Internet Addicts: Treatment outcomes and implications, *CyberPsychology & Behavior*, 10 (5): 671-679.
4. Young, K.S. (2006) Online Infidelity: Evaluation and Treatment Implications. *The Journal of Couples and Relationship Therapy*, 5 (2), 43-56.
5. Young, K. S. (Invited Paper, 2006) Clasificación De Los Subtipos, Consecuencias y Causas De La Adicción A Internet, *Psicología Conductual*, 13 (3), 463-480. Spanish Journal
6. Case, C. J. & Young, K.S. (2006) *A gender analysis of student music downloading behavior and ethics effectiveness*. Proceedings of the American Society of Business and Behavioral Sciences, 10.1, Las Vegas, NV, February 23-26.
7. Young, K. S. (Invited Paper, 2005) Internet Addiction Prevention and Education. *Journal of Employee Assistance*, 35(1), 15-16
8. Young, K. S. (2005). An Empirical Examination of Client Attitudes towards Online Counseling. *CyberPsychology and Behavior*, 8 (2), 172-177.
9. Young, K.S. (2004) Profiling Online Sex Offenders: A Preliminary Analysis of 22 Cases. *The Journal of Behavioral Profiling*, 5 (1), 1-19.
10. Young, K. S. (Invited Paper, 2004) Treating the Internet Addicted Employee. *Journal of Employee Assistance*. (34) 4, 17-18.
11. Young, K.S. & Case, C. J (2004) Internet Abuse in the Workplace: New Trends in Risk Management. *Cyberpsychology and Behavior*. 7(1), 105-111.
12. Young, K.S. & Case, C. J. (2003) *Employee Internet Abuse: Risk Management Strategies and Their Effectiveness*. Proceedings of the American Society of Business and Behavioral Sciences, 10.1, Las Vegas, NV, February 21-24, 2003, 1688-1694.

13. Case, C. J. & Young, K.S. (2002) Employee Internet Use Policy: An Examination of Perceived Effectiveness. *Issues in Information Systems*. Vol. 3, 82-88.
14. Case, C. J. & Young, K. S. (2002) Employee Internet Management: Current Business Practices and Outcomes. *Cyberpsychology and Behavior*. 5(4), 355-361.
15. Young, K. S. (2002). *Wired but not Working: Understanding Employee Internet Abuse*. Proceedings from NASA's Conference on Occupational Health. Washington, DC. 83-84.
16. Case, C. J. & Young, K. S. (2001) Employee Internet Misuse: An Epidemic in Need of a Research Framework. *Journal of Business and Information Technology*, 1.1, 30-36.
17. Case, C. J. & Young, K. S. (2001) A Preliminary Investigation of Employee Internet Misuse. *Issues in Information Systems*. Vol. 1. 43-49.
18. Case, C J. & Young, K. S. (2001) *Internet Risk Management: Building a Framework for Research*. Proceedings of the American Society of Business and Behavioral Sciences. 8(3), Las Vegas. February 21, 2001. 16-18.
19. Young, K, Cooper, A., Griffin-Shelley, E., O'Mara, J.& Buchanan, J (2000) Cybersex and Infidelity Online: Implications for evaluation and treatment. *Sexual Addiction and Compulsivity*. 7(1), 59-74.
20. Young, K, O'Mara, J., & Buchanan, J (2000) Cyber-disorders: The mental health concern for the millennium *CyberPsychology and Behavior*. 3 (5), 475-479.
21. Young, K. S. (1999) Internet Addiction: Evaluation and Treatment. *Student British Journal of Medicine*. 7, 8-9.
22. Young, K. S. (1998) Internet Addiction: The emergence of a new disorder. *CyberPsychology and Behavior*, 1 (3), 237 - 244.
23. Young, K. S. & Rogers, R. C. (1998) The relationships between depression and Internet addiction. *CyberPsychology and Behavior*, 1(1), 25-28.
24. Young, K. S. (1996) Addictive use of the Internet: A case that breaks the stereotype. *Psychological Reports*. 79, 899-902.

BOOKS & BOOK CHAPTERS:

1. Young, K. S. (in preparation). *Gamers Anonymous: Understanding and Treating Online Gaming Addiction*. In agenting process, antipated publication 2009.
2. Young, K. S. (2008). *Internet Sex Addiction: Risk Factors, Stage, and Treatment*. In *American Behavioral Scientist - Psychology and the New Media*. K. Doyle (Ed). 52(1), pp. 21-37 Thousand Oaks: Sage.

3. Young, K. S. & Klausning, P. (2007). *Breaking Free of the Web: Catholics and Internet Addiction*. Cincinnati, OH: St. Anthony's Messenger Press.
4. Young, K. S. (2006). Controlling Internet Abuse in the Workplace: A Framework for Risk Management. In *Transformation of the Workplace: The Web and Work in the 21st Century*. M. Anandarajan, T. Teo, & C. Simmers, (Eds). (pp. 193-204) Armonk, NY: M.E. Sharpe, Inc.
5. Young, K. S. (2004) Internet Addiction: The consequences of a new clinical phenomena. In *Psychology and the New Media*. K. Doyle (Ed). (Vol. 46, pp. 1-14) Thousand Oaks: American Behavioral Scientist. Rated number one most frequently requested article of 2006.
6. Young K. S. (2001) *Tangled in the Web: Understanding Cybersex from Fantasy to Addiction*. Bloomington, Indiana: Authorhouse Library.
7. Young, K. S. (1999) Evaluation and treatment of Internet Addiction. In L. VandeCreek & T. Jackson (Eds.). *Innovations in Clinical Practice: A Source Book* (Vol. 17; pp. 19-31). Sarasota, FL: Professional Resource Press.
8. Young, K. S. (1998) *Caught in the Net: How to Recognize Internet addiction and A Winning Strategy for Recovery*. New York, NY: John Wiley & Sons, Inc.

TRADE PUBLICATIONS:

1. Young, K. S. (2007) When Gaming Becomes an Obsession: A Parent's Guide to Dealing with Online Gaming Addiction, (pp. 1-35), The Center for Internet Addiction, Amazon e-Books.
2. Young, K.S. (2005) The Seven Habits of Servant Leaders. *The CEO Refresher*. 12(8), 2.
3. Young, K.S. (2005) Understanding Cybersex Addiction. *The Amplifier*. Published by the American Psychological Association Division on Media Psychology. Fall/Winter 2004, 9
4. Young, K.S. (2004) Coping with Technostress - Work Smarter, Not Harder. *GPSOLO*. Published by the American Bar Association Division on General Practice. Nov. 2004, 54-55.
5. Young, K.S. (2004) A Comprehensive Plan for Employee Internet Management. *The Amplifier*. Published by the APA Division on Media Psychology. Fall/Winter 2003, 15-16.
6. Young K. S. (2001) Internet Addiction: Lawyers Getting Caught in the Net. *GPSOLO* published by American Bar Association Division on General and Solo Practice. 18(5), 40-43.
7. Young, K.S. (2001) The Evaluation and Treatment of Internet Addiction in the Workplace. *EAP Association Exchange*. 31 (1), 14.
8. Young, K. S. (2001) Cyber-Slacking in the Workplace: Dealing with Employee Internet Abuse. *Michigan Forward*, Published by the Michigan Chamber of Commerce, July 2001, 7-8
9. Young, K.S. (2001) Surfing Not Studying: Dealing with Internet Addiction on Campus. *Student*

- Affairs Online*. Winter 2001, 2 (1), 1-3.
10. Young K. S. (2000) *Managing Employee Internet Abuse: Seven Strategies to Increase Productivity and Reduce Liability*. Manual published for the Center for Online Addiction.
 11. Young K. S. (2000) Therapeutic Issues with Internet-addicted Clients. *New Therapist*. 7, May/June Issue, 12-13.
 12. Young K. S. (Feb, 2000) Control your time spent on the Internet. *Bottom Line Business*. 29(2), 6.
 13. Young K. S. (2000) *Getting Web Sober: Help for Cybersex addicts and their families*. Manual published for the Center for Online Addiction.
 14. Young, K. S. (October 25, 1999) Seller as Psychologist: Understanding E-Auction Behavior. *Auctionwatch.com*.
 15. Young K. S. (1999) *Infidelity Online: An Effective Guide for Rebuilding your Relationship after a Cyberaffair*. Manual published for the Center for Online Addiction.
 16. Young, K. S. (December 1998) Internet Misuse in the Workplace. *Credit Union Management*. 42-43.
 17. Young, K. S. (September, 1998) How to treat clients addicted to the Internet. *The National Psychologist*, 8 (5), 2B-3B.
 18. Young K. S. (1998) Factors Related to Deviant Behavior Online. *The Horizon Newsletter of the Michigan Council on Sexual Offending and Behavior*, p. 8.
 19. Young K. S. (1996) Internet Junkies: Confessions from Behind the Screen. *On Campus* published by The American Federation of Teachers, October 1996, 10.
 20. Young K. S. (April, 1996) Hooked on the Internet, Letter to the Editor, *Chronicle of Higher Education*.

PEER-REVIEWED CONFERENCE PRESENTATIONS:

1. Young, K. S. (2007) *Internet Abuse in the Workplace: A Framework for Risk Management*. Business Research Consortium of Western New York, St. Bonaventure University. April 21, 2007.
2. Young, K. S. (2005) *New trends in the study of pathological Internet Use*, Invited panelist for Symposia at the American Psychological Association, Washington, DC. August 18, 2005.
3. Young, K. S. (2005) *Online therapy for Internet addiction: Treatment outcomes and Implications*, Poster presentation for the American Psychological Association, Washington, DC. August 19, 2005.
4. Young, K. S. (2004). *Online Videogames: Psychopathological or Psychotherapeutic*. Invited panelist for Symposia at American Psychiatric Association, New York. May 1, 2004.
5. Young, K. S. (2003). *How EAPs can Address Internet Addiction in the Workplace*. Workshop for the

- Employee Assistance Professionals Association, New Orleans, LA. November 22, 2003.
6. Young, K. S. (2003). *Cyber-Slacking and Deviance in the Workplace*. Symposia Chair for American Psychological Association, Toronto, Canada. August 8, 2003.
 7. Young, K.S. & Case, C. J. (2003). *Employee Internet Management: Current Trends and Outcomes*. Paper presented for the American Psychological Association, Toronto, Canada. August 8, 2003.
 8. Case, C & Young, K. S. (2002) *Employee Internet Use Policy: A Perceived Effectiveness*. Paper presented for the International Association for Computer Information Systems. Fort Lauderdale, FL. October 5, 2002.
 9. Young, K. S. & Gallant, P. (2002) *Understanding Cybersexual Addictio*. Refereed workshop for the National Council of Sexual Addiction and Compulsivity. Nashville, TN. October 7, 2002.
 10. Young, K. S. (2002) *Treatment Implications for Cybersexual Addiction*. Paper presented for the annual meeting of the American Psychological Association. Chicago, IL. August 22, 2002.
 11. Young, K. S. (2002) *Tangled in the Web: Evaluation and Treatment of Cybersexual Addiction*. Refereed Workshop for the Pennsylvania Psychological Association. Lancaster, PA. June 20, 2002.
 12. Young, K. S. (2001) *Caught in the Net: Assessment and Treatment of Internet Addiction*. Workshop for the Pennsylvania Psychological Association. Pittsburgh, PA. June 20, 2001.
 13. Young, K. S. (2000) *Evaluation and Treatment of Internet Addiction in the Workplace*. Refereed Workshop for Employee Assistance Professionals Association. New York, NY. November 19, 2000.
 14. Young, K. S. (2000) *Legal Implications of Cybersexual Addiction in Online Deviancy Cases*. Poster at the 108th annual meeting of the American Psychological Association. Washington, DC. Aug. 5, 2000.
 15. Young, K. S. (2000) *Differentiating Fantasy from True Online Pedophilia*. Paper for the American Psychological Association. Washington, DC. August 4, 2000.
 16. Young, K. S. (2000) *Cybersexual Addiction:: Evaluation and Treatment*. Refereed Workshop for the National Council on Sexual Addiction and Compulsivity. Atlanta, GA. May 5, 2000.
 17. Young, K.S. (1999) *Internet Addiction: The Human Resource Concern for the Millennium*. Refereed Workshop for the Employee Assistance Provider Association. Orlando, FL. October 20, 1999.
 18. Young, K. S. (1999) *Internet Addiction: Its Impact of the Internet on Marriages and Families*. Refereed Workshop at the Cape Cod Symposia on Addiction. Cape Cod, MA. September 25, 1999.
 19. Young, K. S. (1999) *Cyberaffairs: How marriages are breaking apart due to the Internet*. Paper at the 107th Annual Meeting of the American Psychological Association. Boston, MA. August 20, 1999.
 20. Pistner, M. & Young, K. S (1999) *Cyber-Disorders: The mental health concern for the new millenium*. Poster presented at the American Psychological Association. Boston, MA. August 21, 1999.

21. Young, K.S. (1999) *The controversial nature of Internet addiction*. Panel discussant at the 107th Annual Meeting of the American Psychological Association. Boston, MA. Aug. 20, 1999.
22. Young, K.S. & Rogers, R.C. (1998) *Internet addiction and its personality correlates*. Poster presented at the 69th Annual Meeting of the Eastern Psychological Association. Boston, MA. February 28, 1998.
23. Young, K.S. (1998) *The effects of computer use on human behavior*: Panel discussant at the 69th Annual Meeting of the Eastern Psychological Association. Boston, MA. February 29, 1998.
24. Young, K. S. (1997). *What makes the Internet so addictive?* Symposia presented at the 105th Annual Meeting of the American Psychological Association, Chicago, IL, August, 1997.
25. Young, K. S. (1996). *Internet Addiction: The emergence of a New Clinical Disorder*. Poster presented at the 104th Annual Meeting of the American Psychological Association, Toronto, August, 1996.

INVITED WORKSHOPS:

1. *Diagnosis and Treatment of Internet Addiction*, US NAVY, Dept. of Health, Seattle, WA, May 6, 2007
2. *Employee Internet Abuse from an EAP Perspective*, Family therapy Services of Buffalo, March 30, 2007
3. *Clinical Diagnosis of Internet Addiction*, Leading Edge Seminars, Toronto, Canada, May 29, 2006.
4. *Treating Internet Addiction when relapse is a mouse click away*. Plenary address and breakout session for the Chesapeake Health Education Program, Inc. in Baltimore, MD presented May 19, 2006.
5. *Parents, Children, and the Internet*, Beacon Light Health Systems, Bradford, PA, February 24, 2005.
6. *Caught in the Net: Evaluation and Treatment of Internet Addiction*. The Mid Atlantic Addiction Training Institute. Pittsburgh, PA. April 16, 2004.
7. *Evaluation and Treatment of Internet Addiction*. Southern Illinois University at Carbondale, School of Social Work, June 30, 2003
8. *Caught in the Net: Evaluation and Treatment of Internet Addiction*. Employee Services Incorporated, Wellsville, New York, April 4, 2003.
9. *Cybersexual Addiction and Cyberaffairs: Women at Risk*. The Tenth Annual Conference on Women's Health. Hilton Head, SC. May 20, 2002.
10. *Internet Addiction*. Nebraska Methodist College. Omaha, NE. August 3, 2001.
11. *Wired but not Working: Managing Employee Internet Abuse*. Nebraska Computer Emergency Response Team Conference. Omaha, NE. August 6, 2001.
12. *Cyberaddiction: The Impact on Children and What Parents Can Do*. UALR – Mid South Summer School. Little Rock, AR. June 12, 2001.

13. *Caught in the Net: What Hospitals need to know about Internet Addiction*. Foote Hospital Managed Behavioral Health Services. Jackson, MI. June 8, 2001.
14. *Cybersex Unplugged: Understanding Cybersexual Addiction*. The Second Annual Trauma Conference: Exploitation and Sexual Trauma (East Coast). Orlando, FL. June 2, 2001.
15. *Caught in the Net: Trauma Implications of Cybersexual Addiction*. The Second Annual National Trauma Conference (West Coast). Las Vegas, NV. May 19, 2001.
16. *Teenage Trauma: Risks and Dangers of Children who Sexually Experiment Online*. The Second Annual National Trauma Conference. Las Vegas, NV. May 19, 2001.
17. *The Digital Generation: A Clinical Guide to Children and the Internet*. The Mid Atlantic Addiction Training Institute. Indiana, PA. July 17, 2001.
18. *Caught in the Net: Understanding Internet Addiction*. The Mid-Atlantic Addiction Training Institute. Indiana, PA. July 17, 2001.
19. *Caught in the Net: EAPs and Internet Addiction*. The Delaware State Chapter of Employee Assistance Professionals. Newark, DE. April 20, 2001.
20. *Cybersex Recovery and Trauma*. The Burlington Child and Family Counseling Services. Toronto, Canada. March 27, 2001
21. *A Clinical Guide to Internet Addiction Recovery*. Alabama Psychological Association. Birmingham, AL. September 16, 2000.
22. *Internet Addiction Recovery*. Cape Cod Institute, Virtual Faculty. Cape Cod, MA. July 26, 2000.
23. *Cybersexual Addiction: Clinical and Legal Implications*. Summit on Clinical Excellence. Philadelphia, PA. June 3, 2000.
24. *Technostress in the Workplace*. The New York State Department of Health. Albany, NY. May 15, 2000.
25. *Internet Addiction from the Family Perspective*. Sierra Tucson. Tucson, AZ. Feb. 28, 2000.
26. *Internet Addiction: Evaluation and Treatment*. Brattleboro Retreat at Dartmouth Medical Center. Brattleboro, VT. February 11, 2000.
27. *Understanding Internet Addiction*. Central Intelligence Agency, Washington, DC. January 26, 2000.
28. *The Digital Generation*. Outreach Teen and Family Services, Pittsburgh, PA. November 9, 2000.
29. *Kids Online*: The PTO of Pittsburgh, PA. November 8, 2000.
30. *Implications of Employee Internet Abuse*. The EAP Northwest Division. Portland, OR. October 16, 2000.
31. *Cyberaffairs and their Impact*. Pennsylvania Catholic Charities. Greensburg, PA. April 22, 1999.

32. *Internet Addiction*. The Health Associate, an affiliate of the National Council on Alcoholism and Drug Dependence, Rochester, NY. September 25, 1998.

INVITED LECTURES:

- 1 *Internet Addiction*, Health Foundation of Greater Cincinnati, Cincinnati, OH, July 28, 2008.
- 2 *MySpace Addiction*, Mid-Atlantic Research and Training Institute, Indiana, Pa, July 17, 2008
- 3 *Online Sexual Compulsivity*, The Reading Medical Center, Reading, Pa, June 28, 2008
- 4 *Childhood Internet Addiction*, International Research Development Centre, Philippines, June 16, 2008
- 5 *Internet Addiction on Campus*, George Mason University, April 13, 2007
- 6 *MySpace Addiction and other Childhood Internet Problems*, Indiana University of PA, July 27, 2007.
- 7 *The Internet and the Military*, US Army War College, Carlisle, PA, June 25, 2007
- 8 *Face-to Face with Facebook*, St. Bonaventure University, April 30, 2007
- 9 *Students Online: Internet Addiction on Campus*, Allegheny College, Meadville, Pa, April 13, 2006
- 10 *Caught in the Net*, Keynote Address, Institute on Addiction Studies, Toronto, Canada, July 10, 2005.
- 11 *Children, Parents, and the Internet: Allegany-Limestone School District*, April 29, 2004.
- 12 *Surfing Not Studying*. Alfred State College, Alfred, NY. February 10, 2004.
- 13 *Internet Addiction*. The Chinese University of Hong Kong. July 26, 2003 and at the National Youth Council of Singapore at the "Cyber Era: Trends and Challenges Conference" in August 19, 2003.
- 14 *Tangled in the Web: The Internet and Its Impact on Individuals, Families, and Communities*. Maricopa College, Invited lecturer for their Honors Forum Lecturer Series, Tempe, AZ. March 5, 2003.
- 15 *The Digital Generation*. Plenary address for the Arkansas Governor's School for the Gifted and Talented. Little Rock, AR. July 10, 2001.
- 16 *Internet Abuse in the Workplace*. US Airways, Pittsburgh, PA; Charlotte, NC. March 12/13, 2001.
- 17 *Students Hooked on the Net*. Plenary address for the Association of Colleges Union International. Toronto, Canada. March 26, 2001.
- 18 *Students Online: Practical Solutions for K-12 School Systems*. Bradford Area School System Teachers Association. Bradford, PA. December 11, 2000.

- 19 *Employee Internet Misuse: An Epidemic in Need of a Research Framework*. Presented at St. Bonaventure University School of Business Research Colloquium on December 6, 2000 with Dr. Carl Case, assistant professor of Management Sciences.
- 20 *Kids Online: What Every Parent Should Know about their Children and the Internet*. Bradford Area School System PTO. Bradford, PA. October 9, 2000.
- 21 *Internet Abuse on Campus*. SUNY at Plattsburgh, NY October 4, 2000.
- 22 *Understanding Internet Addiction*. Keynote address for the First International Congress on Internet Addiction, Zurich, Switzerland. Sept. 7, 2000.
- 23 *Cyber-Slacking and Addiction in the Workplace*. President's Council, Jamestown Community College, NY. February 16, 2000.
- 24 *The Impact of the Internet at Home and Work*. Plenary Address for the Employee Assistance Providers Gold Coast Summer Institute. West Palm, FL. June 16, 2000.
- 25 *Surfin Not Studying*. Southern Connecticut College, West Haven, CT. December 2, 1999.
- 26 *Y2K Anxiety: Issues for the Year 2000*. St. Olaf College, MN. November 11, 1999.
- 27 *Surfin not Studying*. Tyler College, Texas. November 9, 1999.
- 28 *Caught in the Net*. Nebraska University, Lincoln, NE. October 28, 1999.
- 29 *Healthy and Pathological Internet Use*. Panel discussant for Behavior.net. October 24, 1999.
- 30 *The Implications of Internet Abuse on Public Policy*. Plenary address for the Young Presidents Organization, Washington, DC. October 9, 1999 (Panel Discussion moderated by Larry King).
- 31 *Business and the Internet*. Florida Tobacco and Candy Association. Marco Island, FL. Sept. 18, 1999.
- 32 *The Global Impact of Internet Addiction*. Keynote address for the European Union of University Health and Medicine. Trondheim, Norway. June 16-18th, 1999.
- 33 *Student Internet Abuse*. Plenary address for the Chicagoland Consortium on Prevention. Sponsored by Northwestern, Loyola University and the University of Chicago. Chicago, IL. April 9, 1999.
- 34 *Internet Addiction: The Student Trap*. National Educational Computing Conference sponsored by the National Science Foundation. Atlantic City, NJ. June 23, 1999.
- 35 *Email Counseling: Therapeutic and Ethical Implications*. Online panel sponsored by Behavior.net, an online resource center for mental health professionals. March 28, 1999.
- 36 *Festival of Ideas Campus Series*. West Virginia University. Morgantown, WV. March 22, 1999.

- 37 *Surfing Not Studying*. Laredo Community College, Keynote address for the Distinguished Lecture Series, Laredo, Texas. March 11, 1999.
- 38 *Surfing Not Studying*. Collin Community College, Plano, Texas. Nov. 17, 1998.
- 39 *Internet Abuse on Campus*. Dutchess Community College, Poughkeepsie, NY. Oct. 29, 1998.
- 40 *Teens and the Internet*, Seneca Highlands, Bradford, PA. June 7, 1998.

MULTIMEDIA PUBLICATIONS:

A Stranger in Your Home: Protecting Your Children from Cyber-Predators (Video)
 Internet Addiction: Its Impact on Marriages and Families (Audio)
 Techno-Family Therapy: A Clinical Guide for Treating Internet-Addicted Children (Audio)

HONORS AND AWARDS:

- | | |
|-------------|--|
| 2004 & 2001 | Psychology in the Media Award
Pennsylvania Psychological Association |
| 2004 | Scientist-Practitioner Research Award
Pennsylvania Psychological Association |
| 2000 | IUP Alumni Ambassador Award for Outstanding Achievement
Indiana University of Pennsylvania
College of Natural Sciences and Department of Psychology |
| 2000 & 1998 | Whos Who of American Teachers |
| 1996 - 1997 | Received Commendation Letters from Vice Chancellor and President of the University of Pittsburgh for being selected by a 10% Random Sample of Students as a Faculty Member they most respected and believed had been an especially helpful mentor. |
| 1990 - 1993 | Graduate Scholars Award
Graduate Research Assistantship for Minority Students
Indiana University of Pennsylvania Psychology Department |
| 1988 | Delta Sigma Pi Community Service Award
Professional Business Fraternity; State University of New York at Buffalo |

COMMUNITY SERVICE:

Beacon Light Behavioral Health Systems, Board of Directors, 2003 - present
 Bradford Area Chamber of Commerce, Member, 2001 - present
 Co-chairperson, Capital Campaign for Chapel, University of Pittsburgh at Bradford, 2008-present
 Community Relations Committee, Bradford Regional Medical Center, 2008-present.
 Children's Way, Board of Directors, 2007 - present
 Friends of Hanley Library, University of Pittsburgh at Bradford, Member, 2000 - present

Leadership Cattaraugus, Board of Directors, 2005 - present

President-Elect, Rotary Club of Bradford, 2008-2009, Board of Directors since 2004, Member since 1996

PROFESSIONAL SERVICE:

Editorial Boards:

Cyberpsychology and Behavior Journal, Editorial Board, 1998 – present; Guest Editor, October, 1999

CyberHealth Biannual Newsletter, Editor, 1998 – present

International Journal of Criminology and Cyber Crime, Editorial Board, 2006 - present

Internet Health, Editorial Board, 2004 - present

Invited/Ad Hoc Manuscript Reviewer:

Addiction Research & Theory

Journal of Clinical Psychiatry

Journal of Addictive Medicine

Journal of Marital and Family Therapy

Journal of Virtual Environments

Journal of Computer-Mediated Communication

Substance Abuse, Treatment, Prevention, and Policy

Professional Affiliations:

Member, American Psychological Association – Division on Media Psychology

Member, Employee Assistance Professionals Association

Founding Member, International Society of Mental Health Online

Fellow, Pennsylvania Psychological Association

DISTANCE LEARNING COURSES DEVELOPED:

“Internet Addiction: Symptoms, Risk Factors, and Treatment” – 4-credit APA-approved CE course.

“Internet Addiction: Evaluation and Treatment” – 6-credit APA-approved CE course.

SERVICE TO UNIVERSITY:

St. Bonaventure University

Graduate Council

Strategic Planning Facilitator, Diversity Planning Committee

Dean of the School of Business Search Committee

Associate Vice President of Academic Affairs Search Committee

Mary Yankelovich Fellowship Committee

Journey Project Sub-Grant Committee

Wall Street Journal Student Achievement Award Committee

Faculty Advisor, Bona Big Sister Program

Member, Middle States Student Admissions Evaluation Committee

University of Pittsburgh at Bradford

Continuing Education Advisory Task Force

Web Development Advisory Task Force
Faculty Development Committee
Presidential Donor, for the Mary O'Mara and Florine Young Scholarship

MEDIA CONTRIBUTIONS:

Selected works

Newsprint:

Associated Press News
Boston Globe
Knight-Ridder News
The London Times
The New York Times
The New Yorker
Philadelphia Inquirer
Pittsburgh Post Gazette
Reuters International
San Francisco Chronicle
The Washington Post
The Washington Times
The Wall Street Journal
USA Today
USA Parade Weekend

Television:

Good Morning America
World News Tonight with Peter Jennings
Associated Press Television
Newstalk TV, Alberta, Canada
CNBC Market Watch
CNN
Home and Family Show on The Family Channel
Fox News on Health
German Television
Global News Network, Toronto, Canada
Hard Copy
Inside Edition
Korean Television
The Leeza Gibbons Show
Lifetime Channel
NBC: Erie, Harrisburg, Philadelphia,
Pittsburgh, PA affiliates.
PBS/WPSX - Penn State

Swedish Television
Japanese Television
Ziff Davis Tech Television
Tech TV

International/National Radio:

ABC: New York, Washington, Boston, Chicago
Australian Radio
BBC: Ireland
BBC: London
CBC: National Canadian Stations
CBS: New York, Philadelphia, Chicago
German Radio
Hunan Satellite TV of China
Norwegian Radio
NPR: On the Media
NPR: All Things Considered
Switzerland Radio
Talk America National Radio
WCNN: Atlanta, Washington DC.
WOR: Rambling with Gambling

Professional and Commercial Magazines

APA Monitor
Bottom Line Business
Business Start-Ups
Chronicle of Higher Education
ComputerWorld
Entrepreneur Magazine
Forbes/Fortune
Glamour
Home PC
Information Week
Ladies Home Journal
Mademoiselle

McCalls
Money
Newsweek/Time
PC Magazine USA/UK
Psychology Today
Redbook
Science
Smart Money
US News and World Report
Women's World