Welcome new Bonnies! We are happy you are joining us!

There are 3 parts to this very important document: 1. How to log in and use our new Health Portal; 2. What you need to do BEFORE you arrive on campus; and 3. Information on Health Insurance, Optional Allergy Shots, and Psychiatric care (if needed).

A. ST. BONAVENTURE HEALTH PORTAL LOGIN INSTRUCTIONS

ALL the required health forms discussed below (Covid-19 PCR test pre-arrival test results, immunization records, and health consents/health history forms) for attending SBU in the Fall 2020 semester must be submitted through the Student Health Portal. No paper copies, emails, or faxes will be accepted. Please follow these directions to access the student health portal:

2. Your login name will be the first part of your @bonaventure.edu email address. (Example: if your email address is jrjones15@bonaventure.edu, your login name would be jrjones15).
3. Your login password will be the same as your @bonaventure.edu email password.

B. BEFORE YOU COME TO CAMPUS

1. **MANDATORY COVID-19 TEST**: You must get a COVID-19 PCR molecular test within 14 days of your return to campus, upload to SBU’s student health portal a negative test result, and be without symptoms for COVID-19 to be allowed to return to campus.

2. **MANDATORY PRE-ARRIVAL COVID-19 SCREENING**: Students must complete via MySBU.edu a pre-arrival screening no more than 48 hours prior to arrival on campus. Results will be routed to SBU Health Services for follow-up. Any student indicating the presence of COVID-19-like symptoms will not be permitted on campus. To log in to MySBU: https://my.sbu.edu

3. **PRE-ARRIVAL QUARANTINE**: All students must abide by United States (Federal government) and New York State travel restrictions and advisories. Students coming to campus from certain states as well as international students MAY BE REQUIRED to quarantine for 14 days BEFORE being permitted to enter campus. The situation is changing rapidly and as we get additional guidance from the governor’s office, we will keep you updated. PLEASE MONITOR ALL EMAIL COMMUNICATIONS CLOSELY that are sent to you from the university for more information as this situation may change. Please visit https://coronavirus.health.ny.gov/covid-19-travel-advisory or call the NY COVID-19 Hotline: 1-888-364-3065 for additional updates and more information.
4. **IMMUNIZATION RECORD and REQUIRED HEALTH FORMS:** NYS Law requires* that all incoming students taking at least 6 credits on campus submit immunization records to the university. **You must use the portal to enter your required immunization dates, upload your actual immunization record, and fill out additional, required, health forms and consents.**

**TO ENTER YOUR REQUIRED IMMUNIZATION DATES and UPLOAD YOUR IMMUNIZATION RECORD:**

1. If you do not already have a copy of your immunization record, please contact one or more of the following:
   a. Your primary care physician (doctor, nurse practitioner, physician assistant) and request they give you a copy. *(Do NOT have them send them to us. You need to keep this copy yourself.)* OR
   b. Contact your high school nurse or health department and request a copy. OR
   c. Check behind your high school diploma. Sometimes the high school nurse puts a copy there for you knowing you’ll need it.

2. **IMMUNIZATIONS REQUIRED TO COME TO SBU:**
   a. **Measles, Mumps, Rubella. (MMR)** Often, in the USA, these are given as a combination shot. You must have received 2 MMR combination shots, with the first one being NO SOONER than 4 days before your first birthday, and the second NO SOONER than 28 days AFTER your first shot. In other countries, they are sometimes given individually. *(NOTE: If you received the shots individually, click on the “ALTERNATES” blue tab in the Immunizations section of the portal and you will be able to enter the dates of each one separately. Otherwise, you will enter the combined MMR dates in the “All Required” tab of the immunizations entry page.)*
   b. **Meningitis** (Can be either ACWY or Meningitis B). You need *at least 1 dose* of either of these in the past 5 years to come to SBU. However, for you to complete the meningitis vaccination series for full immunity, you will need to have a total of 2 doses within the proper timeframe. (Check with your doctor if you are uncertain if you have received them in the proper timeframe. Also note: having 1 of each is NOT full immunity for either. You must have 2 dose of ACWY, 2 doses of men B, or 2 doses of both). However, to come to SBU, only 1 dose is needed in the past 5 years.
   c. You may choose to NOT receive the meningitis vaccinations. **If you choose not to receive the meningitis vaccinations, you MUST complete the meningitis waiver section found on the REQUIRED **“MENINGITIS RESPONSE FORM” page of the Student Health Portal.**

   **BUT PLEASE NOTE:** If you choose not to receive the meningitis vaccinations and an outbreak occurs on campus, you will be required to leave campus until the “all clear” is given.
3. You MUST manually enter your required immunization dates AND THEN upload a copy of your immunization record. After logging into the Health Portal, click on the “IMMUNIZATIONS” tab at the top, and it will take you to a screen that looks like this:

- To enter the dates of your required vaccinations, click on “ALL REQUIRED”. Or, if you received your MMR shots individually, then click on “ALTERNATES” instead.
- After clicking on either ALL REQUIRED or ALTERNATES, the entry field will open. This is where you’ll see the spaces to enter the dates of your required immunizations.

The red arrows show you where to enter your actual immunization dates. After you enter the dates, click “SUBMIT” once.

4. Then you will need to upload either a SCAN of your actual immunization record OR a CLEAR phone picture using .jpg or .png or .tiff picture file types. **NOTE: If your phone picture or scan is not clear, you will be asked to resubmit a new scan or picture.** To access the upload feature, click on the word “UPLOAD” (yellow arrow) in the navigation bar. It will take you to the upload screen.

- The directions on this page walk you through the process to upload your documents. Please read these directions carefully.

Please note: If you are missing ANY required immunizations, please contact your primary care physician or local county health department RIGHT AWAY as there may be a wait in order to make appointments. No required vaccinations are provided on campus. If you are in the Olean area, you may contact the Cattaraugus County Health Department at 716-373-8050 to make an appointment for vaccinations. Be ready to provide your health insurance information to them. They are located at 1 Leo Moss Drive, Olean, NY 14760.
(*The State of New York does NOT allow for religious exemptions from vaccinations. Medical exemptions (i.e. due to allergies or other medical conditions that makes receiving vaccinations impossible) are permitted with proper documentation from your primary care physician. If you have questions about this, please call our office at the number listed at the top of this page.)

**REQUIRED HEALTH FORMS:**

After you enter your required immunization dates and upload your immunization record, click on the "FORMS" tab in the navigation bar in the Student Portal and this will take you to a page where you will see this:

In this section, the forms which have a red asterisk * are required for all students to complete.

PLEASE NOTE: In the “REQUIRED FORMS” section the Health Care Consents form is for students 18 and older. The Medical Care Consent is for the parent/guardians of students who will be under 18 years of age at the time of arrival on campus.

**C. HEALTH INSURANCE, OPTIONAL ALLERGY SHOTS, PSYCHIATRIC CARE**

**HEALTH INSURANCE**

All full-time undergraduate students are required to have health insurance. Full-time undergraduate students (taking at least 12 credits) will be AUTOMATICALLY ENROLLED in the plan and a charge of $2,735.00 will be added to your student account. So, if you are full-time and want the SBU student plan, you do not need to do anything. HOWEVER, if you already have insurance and would like to keep your current coverage you may do so.

***PLEASE: before you decide to remain on your current insurance plan, call the 800 customer service number of your current insurance carrier to see if there is coverage in the Olean/Allegany/Bradford, PA, area. If you are coming from out of state, another area of NY, or you are an international student PLEASE give serious consideration to purchasing the SBU student plan. ***

After you call your current insurance carrier and you are satisfied with the coverage you will have in this area, full-time undergraduate students may **OPT-OUT or WAIVE** the SBU plan. The SBU student health insurance policy plan details are available through this link: https://www.haylor.com/college/st-bonaevanture-university/ and there is also a link to complete the WAIVER. However, before being able to waive the plan, you must be registered for classes.

***ATTENTION INTERNATIONAL STUDENTS: If you have concerns about insurance, please contact Yvette Jordan in the International Students Office at yjordan@sbu.edu or call 1-716-375-4009.

**FREQUENTLY ASKED QUESTIONS ABOUT HEALTH INSURANCE:**

Do I need the SBU Student Plan in order to use Health Services or Counseling Services? No, you do not need the student plan or any insurance to access Health Services or Counseling Services on campus. The student fee that full-time undergraduates pay covers the cost of using these services.
Then why do I need to have health insurance? Health insurance is needed in case you need care that cannot be provided on campus. For example, if hospitalization, emergency room care, ambulance transport, radiology, specialist physician visits, or prescriptions, etc., are needed then health insurance will be used to cover the costs of these services.

**ATTENTION NCAA STUDENT ATHLETES:** Please visit the SBU Sports Medicine page for more information on required insurances for athletes: https://gobonnies.sbu.edu/inside_athletics/sports-med **

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**OPTIONAL ALLERGY SHOTS**

Allergy shots are available on campus in Health Services for qualifying individuals. You must complete two forms in order to be considered for allergy shots. The forms are found on the “FORMS” page of the Student Portal, near the top of the screen. These forms only need to be completed if you want to be considered for allergy shots. (PLEASE NOTE: there is a REQUIRED allergy report form in the REQUIRED FORMS section that ALL students must complete, regardless of whether or not a student wants to receive allergy shots. This form will put information directly into the student’s health chart for our doctor’s reference.)

The first form in the optional Allergy Shots Forms section is the ALLERGIST AGREEMENT. This form must be completed by the student’s allergy doctor and returned to us using the instructions found on the form.

The second form is the Allergy Injection Informed Consent form that must be completed by students 18 and over OR by a legal guardian or parent of students who will not yet be 18 years of age upon arrival on campus.

In order to be considered for allergy shots on campus, please note:

- No guarantees are being made that a student will be able to receive allergy shots on campus. Each request is evaluated by our campus physician on a case-by-case basis. DO NOT discontinue a pre-existing relationship with your home allergy doctor even if approval is given for receiving the shots on campus.
- The campus physician will evaluate each case and may need to speak directly with the home allergist prior to approval being given. Students may need to complete additional forms or consents.
- Any student requesting allergy shots on campus must be in the maintenance phase.
- Students must bring their own serum, to be stored on-site at Health Services.
- Students who are assessed at being at elevated risk for anaphylaxis (severe allergic reaction) will not be approved to receive allergy shots on campus.
- Any student who is approved to receive allergy shots must have their own EpiPen and bring it with them to each injection appointment.
- Students must remain in Health Services for 30 minutes after each injections so staff may monitor the student’s progress and ensure no reaction is occurring.

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**PSYCHIATRIC CARE**

If you are on medications for mental health conditions (i.e. ADHD, ADD, anxiety, depression, etc.) please do not discontinue your relationship with your home psychiatric provider. There are very few psychiatric providers in the
Olean/Allegany area and often there is a long wait time to get in to see someone. Therefore, we STRONGLY advise you to work something out so that you may maintain your relationship with your psychiatrist or psychiatric provider even while you’re at SBU. Our campus physician will NOT prescribe controlled substances though she MAY, on a case by case basis, evaluate a patient to start on a light anti-anxiety medication or anti-depressant. THIS IS NOT GUARANTEED and each case is considered individually.

Additionally, any student who is on a controlled substance is strongly advised to keep a lock box in their room and not disclose to roommates or other friends what substances are prescribed. It is the responsibility of the student to safely maintain these medications, as Health Services will not distribute these medications.

If you have any questions about the information provided in this document, or any other questions concerning Health Services or Counseling Services on campus, please do not hesitate to email canderso@sbu.edu or call 716-375-2352 and we will do our best to help you.

Welcome to SBU!

Sincerely,

Mr. Christopher Anderson, MEd., LMHC
Director, Center for Student Wellness