## VEGETABLE BEEF SOUP

## BY THE DEPERRO FAMILY

## Ingredients:

- 4lb Beef Chuck Roast
- ½ cup Barley
- 6 Carrots
- ½ Bag frozen baby lima beans
- 5 Celery Stalks
- ½ Bag frozen corn
- 1 Potato (whole)
- ½ Bag frozen mixed vegetables
- 2 Onions (whole)
- Celery salt
- 1 Tomato (whole)
- Salt and pepper
- ½ Jar granulated Beef Bouillon



## **Instructions:**

Put chuck roast into kettle with water and bring to boil. Remove scum from top of water. Fill kettle a little more than ½ with water and then add the left side of the ingredients, plus barley. Cook about 3 hours then remove meat, potato, onions, and tomato. Chop to desired size and add all back in kettle. Add frozen vegetables and cook for ½ hour or so.

Enjoy!

EMPTY BOWLS & BASKETS DINNER WARMING HOUSE 50TH ANNIVERSARY ST BONAVENTURE UNIVERSITY WWW.SBU.EDU