

Smoking cessation benefit

Quitting tobacco just got a little easier

The health benefits of quitting smoking are both immediate and long lasting. At BlueCross BlueShield of Western New York, we want to help our members who smoke improve their quality of life.

That's why we offer:

- Full coverage for prescriptions and over-the-counter smoking cessation medications
- Medications covered for 180 days per year, per drug category
- No preauthorization needed (prescriptions required when applicable)

How it works

Smoking cessation medications are available in various forms:

- Patch
- Gum
- Nasal spray
- Inhaler
- Tablets

Each is available for 180 days per year. For example, you can receive a patch for 180 days, then an inhaler for 180 days – both are covered in full.



Medication	What's covered per year
Nicotine patches	180 patches
Nicotine polacrilex gum and lozenges	180-day supply
Nicotrol NS nasal spray	72 bottles
Nicotrol inhaler	11 inhalers
Bupropion SR 150-mg tablets	360 tablets
Varenicline (Chantix) tablets	360 tablets

If you smoke and want to quit, talk to your doctor about which treatment will work best for you.

