

# Mental Health Counselor Embedded in Athletics

# Job Purpose

This full-time, 10-month position will provide individual and group counseling sessions; educational seminars; consultation and referral services to the Intercollegiate Athletics Department of St. Bonaventure University. Emphasis will be on ameliorating mental health conditions and related issues typically experienced by student-athletes engaged in competitive intercollegiate sports at the NCAA Division I level.

### **Minimum Qualifications:**

**Education:** Master's Degree in Mental Health Counseling, Counseling Psychology, Social Work, or related field required. Must possess an active New York State license or limited permit (i.e., eligible for licensure and pursuing clinical hours) in mental health counseling, clinical social work, or psychology.

Prior counseling experience with the college student-athlete population and/or experience working with student-athletes is preferred. Skilled in providing educational programs to a variety of participants (i.e., college students, faculty, staff, parents, etc.). Crisis intervention and management skills preferred.

**Experience:** Preference for this position will be given to candidates who have prior experience working with student athletes. In order to be considered, all applicants must have at least 1 year of experience working in a college or clinical mental health role in an agency setting.

## Knowledge, Skills, and Abilities

- Master's level knowledge base of counseling theories, skills, and industry trends.
- Knowledge and understanding of the special considerations and challenges faced by student athletes
- Trained in and current CPR certification
- Knowledge and clear understanding of HIPAA and FERPA guidelines
- Skilled in the use of electronic medical record systems.
- Ability to speak to groups of students, faculty, staff, and parents, including and especially athletic teams, on topics related
  mental health and wellness, which directly or indirectly impact performance.

#### **Characteristic Duties and Responsibilities**

- Provide individual mental health counseling sessions and group sessions (as needed), as well as crisis management and support for student-athletes.
- Participate in the after-hours counselor on-call schedule, which includes night, weekends, and some holidays.
- Provide educational workshops, advocacy, and information regarding mental/emotional health and wellness issues to Athletic Department staff members.
- Work collaboratively with the Athletic Department's staff members, and in particular, the Athletic Trainers and Nutritionist.
- Maintain appropriate clinical documentation in the Counseling Center's Electronic Health Record system.
- Participate in weekly supervision with counseling center staff.
- Uphold standards and ethical guidelines of the counseling profession.
- Serve on University and division committees as deemed appropriate.
- Other duties assigned as needed.

St. Bonaventure University is an Affirmative Action/Equal Opportunity educational institution. It is guided by the principle that equal opportunity means more than equal employment opportunity, and that access to facilities and services shall be available to all people regardless of their race, color, religion, sex, national origin, age, veteran status, disability, marital status, sexual orientation, or gender identity/expression. This principle is applicable to every member of the St. Bonaventure community, both students and employed personnel at every level, and to all facilities and services.

In light of its commitment to create and maintain a safe learning and working environment, employment with St. Bonaventure University requires successful completion of a background screening.