

# HEIDI L. HENRY, PhD, LPC (PA & TX)

## EDUCATION

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May 2018	<b>Sam Houston State University</b> , Huntsville, TX <i>Doctor of Philosophy in Counselor Education and Supervision</i> CACREP Accredited
August 2012	<b>Louisiana State University</b> , Baton Rouge, LA <i>Master of Arts in Education with a concentration in Community Counseling</i> CACREP Accredited
May 2008	<b>Messiah College</b> , Grantham, PA <i>Bachelor of Arts in Christian Ministries, Minor in Psychology</i>

## PROFESSIONAL LICENSES

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Licensed Professional Counselor # PC010262	Pennsylvania	Exp 02/28/2021
Licensed Professional Counselor # 73860	Texas	Exp 03/31/2022

## FACULTY EXPERIENCE

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<b>St. Bonaventure University</b> , CMHC & School Counseling Programs <b>Assistant Professor</b> ( <i>tenure-track</i> )	August 2020 – present
<b>Arkansas State University</b> , School Counseling Program <b>Adjunct Instructor</b>	June 2019 – present
<b>California University of Pennsylvania</b> , Department of Counselor Education <b>Assistant Professor</b> ( <i>full-time, temporary</i> )	August 2019 – August 2020
<b>Instructor</b> ( <i>part-time, temporary</i> )	January 2018 – August 2019
<b>Lock Haven University</b> , Department of Social Work and Counseling <b>Assistant Professor</b> ( <i>part-time, temporary</i> )	August 2018 – June 2019

## TEACHING EXPERIENCE

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<i>University</i>	<i>Graduate Courses</i> <i>Title of Course</i>	<i>Semesters Taught</i>
Arkansas State University Jonesboro, AR	COUN 6473: Counseling Children and Adolescents ( <i>online</i> )	Summer II 2020
Southern New Hampshire University Manchester, NH	COU 600: Research Methods & Program Evaluation ( <i>online</i> )	20TW5
Arkansas State University Jonesboro, AR	PSYC 6573: Psychological Testing ( <i>online</i> )	Summer I 2020
California University of Pennsylvania California, PA	CED 720: Cross-Cultural Counseling ( <i>online</i> )	Summer 2020
California University of Pennsylvania California, PA	CED 779: Administration of Student Services in Higher Education ( <i>online</i> )	Summer 2020

Arkansas State University Jonesboro, AR	COUN 6053: Ethical, Legal, & Professional Issues in School Counseling ( <i>online</i> )	Spring II 2020
Southern New Hampshire University Manchester, NH	COU 520: Diversity in Counseling ( <i>online</i> )	20TW3
Arkansas State University Jonesboro, AR	COUN 6073: Program Development, Implementation, and Evaluation in School Counseling ( <i>online</i> )	Spring I 2020
California University of Pennsylvania California, PA	CED 785 Research Methods of Counseling	Spring 2020; Fall 2019; Spring 2019; Fall 2018
California University of Pennsylvania California, PA	CED 711 Practicum	Spring 2020; Spring 2018
California University of Pennsylvania California, PA	CED 712 Clinical Field Experience	Fall 2019; Summer 2019; Spring 2019
California University of Pennsylvania California, PA	CED 755 Counseling Across the Lifespan	Spring 2020; Fall 2019; Summer 2018
Arkansas State University Jonesboro, AR	PSY 6613: Professional Consultation ( <i>online</i> )	Fall II 2019
Arkansas State University Jonesboro, AR	COUN 6013: Introduction to School Counseling ( <i>online</i> )	Fall I 2019 (2 sections)
Arkansas State University Jonesboro, AR	COUN 6043: Career Development and Services ( <i>online</i> )	Summer II 2019
California University of Pennsylvania California, PA	CED 786 Career Counseling	Summer 2019; Fall 2018
California University of Pennsylvania California, PA	CED 787 Ethics, Integration, Consultation, and Collaboration	Summer 2019
Arkansas State University Jonesboro, AR	PSY 6543 Psycho-social Aspects of Development ( <i>online</i> )	Summer I 2019
Lock Haven University Lock Haven, PA	CMHC 662 Child & Adolescent Counseling ( <i>online</i> )	Summer I 2019; Fall 2018
Lock Haven University Lock Haven, PA	CMHC 625 Skills and Techniques ( <i>online</i> )	Spring 2019
Lock Haven University Lock Haven, PA	CMHC 696 Internship II ( <i>online</i> )	Spring 2019
Sam Houston State University Huntsville, TX	COUN 6376 Supervised Practicum in Counseling	Fall 2017; Summer 2017; Spring 2017; Fall 2016; Spring 2016 ( <i>Doctoral Supervisor</i> )
Sam Houston State University Huntsville, TX	COUN 5011 Introduction to the Counseling Profession and Ethical Practice ( <i>hybrid</i> )	Summer 2017 ( <i>Co-instructor</i> ); Summer 2016 ( <i>Teaching Assistant</i> )
Sam Houston State University Huntsville, TX	COUN 6334 Ethical Issues in Marriage and Family Therapy	Summer 2017 ( <i>Teaching Assistant</i> )

Sam Houston State University Huntsville, TX	COUN 5392 Cross Cultural Issues in Counseling ( <i>hybrid</i> )	Spring 2017 ( <i>Teaching Assistant</i> )
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**Invited Guest Lecturer (Single Class Presentations)**

Sam Houston State University Huntsville, TX	COUN 7362 Methods of Counseling Research ( <i>Doctoral class</i> )	Fall 2017
Sam Houston State University Huntsville, TX	COUN 5392 Cross Cultural Issues in Counseling	Fall 2016
Sam Houston State University Huntsville, TX	COUN 6376 Supervised Practicum in Counseling	Fall 2016
Sam Houston State University Huntsville, TX	COUN 3321 Introduction to the Helping Relationship	Summer 2016

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**Secondary Education**

Pointe Coupee Central High School Morganza, LA	Advanced Mathematics, Algebra II, Geometry, & Financial Math	August 2008 – July 2010
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**PEER-REVIEWED PUBLICATIONS**

- Henry, H. L., & Walters, S.** (2020). Fatness and fertility: A feminist therapist perspective. *Journal of Feminist Family Therapy*. <https://doi.org/10.1080/08952833.2020.1755171>
- Henry, H. L., Li, C., & Smith, J. D.** (2019). Sociodrama: Exploring oppression in relation to sociopolitical issues. In M. Pope, M. Gonzalez, E. R. N. Cameron, & J. S. Pangelinan (Eds.), *Social justice and advocacy in counseling: Experiential activities for teaching* (pp. 62–66). New York, NY: Routledge.
- Henry, H. L.** (2018). FML, OMG and WTH: The new language of therapy. In J. Jordan, B. Perkins, & R. Lee (Eds.), *Handbook of experiential teaching in counselor education: A resource guide for counselor educators*. Charleston, SC: CreateSpace Independent Publishing.
- Henry, H. L., & Grubbs, L.** (2017). Best practices for school counselors working with transgender students. *VISTAS*. Retrieved from <https://www.counseling.org/knowledge-center/vistas>

**Dissertation**

- Henry, H. L.** (2018). *The relationship between age, religious identity, multicultural counseling competency, and transgender counseling competency of graduate students enrolled in CACREP accredited programs* (Doctoral dissertation). Retrieved from ProQuest Dissertations Publishing. (10903539)

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**PRESENTATIONS**

**Invited Presentations**

- Henry, H. L.** (March, 2019). *Religious identity, multicultural counseling competency, & transgender counseling competency*. Invited presentation for ASERVIC-sponsored poster presentation at the American Counseling Association Conference, New Orleans, LA.

**National Refereed Presentations**

- Henry, H. L., & Gruber, E.** (October, 2019). *Dissecting student voice: Making the best use of course evaluations*. Association for Counselor Education and Supervision Conference, Seattle, WA.
- Henry, H. L.** (July, 2018). *The relationship between religious identity and transgender counseling competence*. Association for Spiritual, Religious, and Ethical Issues in Counseling Conference, Dallas, TX.

**Henry, H. L.,** Timm, N., & Smith, J. D. (October, 2017). *Using career values inventories to determine internship placements.* Association for Counselor Education and Supervision Conference, Chicago, IL.

**Henry, H. L.,** Smith, J., & Marks, D. (March, 2017). *Counselor competency working with LGBTQ families and adoption.* American Counseling Association Conference, San Francisco, CA.

#### **Regional Refereed Presentations**

**Henry, H. L.** (Accepted). *Using sandtray to foster safe and inclusive environments in supervision.* Submitted to North Atlantic Region for Counselor Education and Supervision Conference, Pittsburgh, PA.

Weaver, L., **Henry, H. L.,** & Gardner, L. (Accepted). *Keeping up: Are counselors-in-training ready for telemental health counseling?* Submitted to North Atlantic Region for Counselor Education and Supervision Conference, Pittsburgh, PA.

**Henry, H. L.** (September, 2018). *FML, OMG, and WTH: Preparing students for the new wave of therapy.* North Atlantic Region for Counselor Education and Supervision Conference, Burlington, VT.

**Henry, H. L.,** & Poole, L. (October, 2016). *The impact of identity on multicultural counseling competence: A need for differentiation.* Southern Association for Counselor Education and Supervision Conference, New Orleans, LA.

#### **State Refereed Presentations**

Wable, H., Godson, J., & **Henry, H. L.** (Accepted). *Weight stigma across cultures: Counseling implications.* 10th Annual Chi Sigma Iota Pennsylvania Statewide Conference [Conference cancelled].

**Henry, H. L.,** & Timm, N. (March, 2017). *Helping counselors-in-training find their best fit based on career values.* Texas Association for Counselor Education and Supervision Midwinter Conference, Austin, TX.

**Henry, H. L.,** & Grubbs, L. (February, 2016). *Best practices for working with transgender students.* Texas School Counseling Conference, Dallas, TX.

Wilkerson, A., Grubbs, L., & **Henry, H. L.** (January, 2015). *Advocating for each other: Counselor educators in training.* Texas Association for Counselor Education and Supervision Midwinter Conference, Austin, TX.

Ellis, D., Timm, N., & **Henry, H. L.** (January, 2015). *Promoting self-care in the counseling profession.* Texas Association for Counselor Education and Supervision Midwinter Conference, Austin, TX.

Gintner, G. G., **Henry, H. L.,** & Brewer, M. (September, 2011). *DSM-5.* Louisiana Counseling Association Conference, Baton Rouge, LA.

#### **Local Refereed Presentations**

**Henry, H. L.,** & Poole, L. (September, 2013). *Diversity and you!* Louisiana State University's Live Gold Leadership Conference, Baton Rouge, LA.

Brewer, M., & **Henry, H. L.** (October, 2011). *Substance abuse among college students.* Louisiana State University's Multicultural Student Leadership Conference, Baton Rouge, LA.

#### **Workshops & Professional Development Presentations**

**Henry, H. L.** (November, 2016). *How to navigate difficult people.* Presented as part of *Job Love* talk series at Human HQ, Houston, TX.

**Henry, H. L.** (November, 2016). *How to live productively and not burnout.* Presented as part of *Job Love* talk series at HumanHQ, Houston, TX.

- Henry, H. L.** (October, 2016). *Find your values, find your life (work edition)*. Presented as part of *Job Love* talk series at HumanHQ, Houston, TX.
- Henry, H. L.** (October, 2016). *Get motivated: Know your why*. Presented as part of *Job Love* talk series at HumanHQ, Houston, TX.
- Henry, H. L.** (February, 2016). *Bullying: Prevention, identification, and reporting*. Presented to YES Prep Hoffman staff on the identification of bullying according to Texas state law, prevention techniques, and reporting procedures.
- Henry, H. L.** (January, 2016). *Social and emotional behaviors, signs, and next steps*. Presented to YES Prep Hoffman staff on social emotional and behavioral trends on campus and what to do when they encounter these behaviors.
- Henry, H. L.** (January, 2015). *Crisis*. Presented to YES Prep Hoffman staff on what to do when mental health crises occur in the classroom.
- Henry, H. L.** (July, 2015). *Human relation skills*. Presented to YES Prep Hoffman administration and grade level chairs on how to improve their interpersonal skills with other staff.
- Henry, H. L.** (October, 2014). *Child abuse and mandated reporting*. Presented to YES Prep Hoffman staff on how to recognize and report child abuse.
- Henry, H. L.** (February, 2014). *Interviewing skills*. Presented at City Year of Baton Rouge's professional development presentation to promote interviewing skills for corps members.
- Henry, H. L.** (September, 2013). *Boundaries*. Presented to City Year corps members on how to set appropriate boundaries with their students.
- Henry, H. L.** (August, 2013). *Cognitive development among adolescents*. Presented for the City Year Baton Rouge 2013 corps members who were beginning their work with mentoring and tutoring adolescents.
- Henry, H. L., & Jackson, L.** (August, 2012 & 2013). *Mandated reporting*. Facilitated a session on how to complete a mandated report for child abuse for City Year of Baton Rouge corps members.
- Henry, H. L., & Jackson, L.** (May, 2012). *How to say good-bye*. Facilitated a session on termination in order for City Year of Baton Rouge corps members to appropriately terminate with their students.
- Curry, J., **Henry, H. L., & Nmah, J.** (May, 2011). *LGBTQ bullying*. Presented for East Baton Rouge school counselors to increase awareness of LGBTQ bullying in their schools.

## GRANTS

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- Henry, H. L.** (2017, October). *Using career values inventories to determine internship placements*. Awarded SHSU Graduate Studies Travel Grant. [\$1000.00]
- Henry, H. L.** (2017, September). *The relationship between age, religious identity, and transgender counseling competency in Master's students enrolled in CACREP accredited programs*. Awarded TCA Educational Endowment Fund Grant. [\$500.00]
- Henry, H. L.** (2017, March). *Counselor competency working with LGBTQ families and adoption*. Awarded SHSU Graduate Studies Travel Grant. [\$1000.00]

**SERVICE**  
**Professional Service**

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**Editorial Service**

September 2019 – present	<b>Peer Reviewer</b> , <i>Journal of Feminist Family Therapy</i>
July 2020 – present	<b>Peer Reviewer</b> , Graduate Student Column, <i>Interaction</i>
July 2020	<b>Proposal Reviewer</b> for NARACES Region, American Counseling Association Conference, Orlando, FL
July 2017 – June 2020	<b>Editor</b> , Association for Spiritual, Ethical, & Religious Values in Counseling (ASERVIC) Newsletter <i>Interaction</i>
July 2018	<b>Proposal Reviewer</b> , Pennsylvania Counseling Association 50th Annual Conference, State College, PA
July 2016 – June 2017	<b>Assistant Editor</b> , ASERVIC Newsletter <i>Interaction</i>

**Leadership**

July 2018 – June 2019	<b>Treasurer</b> , Texas Career Development Association (TCDA)
July 2017 – June 2019	<b>Secretary</b> , Texas Career Development Association (TCDA)
2017	<b>Emerging Leader</b> , Association for Counselor Education and Supervision (ACES) Selected to participate in the 2017 ACES Emerging Leaders workshop; designed to help participants discover how leadership can enhance their own professional development; to enhance the diversity of ACES; and to help engage talented and dedicated leaders with ACES members
July 2017 – June 2018	<b>Emerging Leader</b> , Texas Association for Multicultural Counseling and Development (TexAMCD)
June 2015 – May 2016	<b>Chair</b> , Workshop Committee, Chi Sigma Iota, Beta Kappa Tau Chapter
June 2011 – May 2012	<b>President</b> , Chi Sigma Iota, Alpha Chi Chapter

**Community Service**

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March 2020 – present	<i>E-Mentor</i> , Grad Resources, <a href="https://gradresources.org/">https://gradresources.org/</a>
January 2020 – present	<i>TRIO Mentor</i> , California University of Pennsylvania, California, PA
January 2019 – present	<i>Volunteer</i> , Career Village, <a href="https://www.careervillage.org/">https://www.careervillage.org/</a>
2018 (every other month)	<i>Volunteer</i> , Meal Delivery, Wooddale Church of the Brethren, Connellsville, PA
August 2017	<i>Disaster Mental Health Volunteer</i> , Hurricane Harvey, M.O. Campbell Educational Center, Houston, TX
August 2017	<i>Volunteer</i> , Hurricane Harvey, Spring Baptist Church, Spring, TX
January 2014	<i>Volunteer</i> , Southern University Dr. Martin Luther King Jr. Day of Service, Baton Rouge, LA
September 2014 – December 2014	<i>Volunteer</i> , Teach For America Recruitment Connections Campaign, National
October 2013	<i>Group Facilitator</i> , LSU Office of Multicultural Affairs – Campus conversations: A dialogue on race, Baton Rouge, LA

April – May 2012	<i>Fundraising Volunteer, Teach For America Alumni Gift Campaign, National</i>
January 2012	<i>Charter Grant Reviewer, Louisiana Department of Education, Baton Rouge, LA</i>
September 2010	<i>Scribe, Fellows of Harvard’s Advanced Leadership Initiative Retreat, Baton Rouge, LA</i>
January 2008	<i>Tour Guide, Messiah College MLK Day of Service, Harrisburg, PA</i>

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**Department, School, & University Service**

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August 2019 – July 2020	<i>Member, Advisement Committee, California University of PA</i>
August 2019 – July 2020	<i>Co-Coordinator, Assessment &amp; Evaluation, California University of PA</i>
November 2016 – May 2018	<i>Student Representative, Doctoral Faculty Committee, Sam Houston State University</i>

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**PROFESSIONAL MEMBERSHIPS**

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**National**

2017 – present	Association for Counselor Education & Supervision (ACES)
2018 – present	North Atlantic Region Association for Counselor Education & Supervision (NARACES)
2016 – present	Association for Spiritual, Ethical, & Religious Values in Counseling (ASERVIC)
2017 – 2018	Southern Association for Counselor Education & Supervision (SACES)
2011 – 2013; 2016 – present	American Counseling Association
2012 – 2013; 2015 – 2016	Chi Sigma Iota

**State**

2016 – 2018	Texas Career Development Association (TCDA)
2015 – 2018	Texas Counseling Association (TCA)
2015 – 2018	Texas School Counseling Association (TSCA)
2015 – 2018	Texas Association for Multicultural Counseling and Development (TexAMCD)
2011 – 2012	Louisiana Counseling Association
2008 corps member	Teach For America, South Louisiana

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**AWARDS, HONORS, & SCHOLARSHIPS**

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2018	Nominated for Outstanding Dissertation Award, Association for Counselor Education and Supervision
2016 – 2017	Outstanding Doctoral Counselor Supervisor Award, Sam Houston State University
2017	Nominated for Outstanding Graduate Student, Texas Counseling Association
2016 – 2017	Graduate Studies Scholarship, Sam Houston State University
2015 – 2016	Sallie Griffis Helms Memorial Scholarship
2015 – 2016	Departmental Scholarship, Sam Houston State University

2014 – 2015	Departmental Scholarship, Sam Houston State University
2011 – 2012	Lillian Oleson Scholarship
June 2012	Intern Award, MMO PHP Baton Rouge, LA
March 2012	Louisiana Career Development Association Conference Graduate Student Scholarship
2006 – 2007; 2007 – 2008	Provost Scholarship, Messiah College
2004 – 2005; 2005 – 2006	Dean’s Scholarship, Messiah College
2004 – 2008	Dean’s List, Messiah College

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### CLINICAL & SCHOOL COUNSELING EXPERIENCE

08/16 – 12/17	<i>Group Facilitator, re:MIND formerly known as Depression and Bipolar Support Alliance, Houston, TX</i>
08/16 – 10/17	<i>Counselor, Modern Therapy, Houston, TX</i>
07/14 – 06/16	<i>Student Support Counselor, YES Prep Hoffman, Houston, TX</i>
08/12 – 05/14	<i>Site Coordinator, Communities In Schools/Education’s Next Horizon, Baton Rouge, LA</i>
10/12 – 05/15	<i>Mental Health Professional, Louisiana Outreach Services, Baton Rouge, LA</i>
<b>Practicum &amp; Internships</b>	
05/14 – 08/14	<i>Group Facilitator, Sam Houston State University, The Woodlands, TX</i>
05/14 – 08/14	<i>Intern, The Woodlands Center Community Counseling Clinic, The Woodlands, TX</i>
01/12 – 08/12	<i>Intern, Family Service of Greater Baton Rouge, Baton Rouge, LA</i>
03/12 – 08/12	<i>Intern, Medical Management Options-Partial Hospitalization Program, Baton Rouge, LA</i>
08/11 – 12/11	<i>Intern, Southeastern University Counseling Center, Hammond, LA</i>

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### OTHER PROFESSIONAL EXPERIENCE

09/16 – 12/17	<i>Graduate Assistant, Department of Counselor Education, Sam Houston State University, Huntsville, TX</i>
09/13 – 04/14	<i>Phone Interviewer, Teach for America, National</i>
01/12 – 07/12	<i>Tutor, LSU Academic Center for Student Athletes, Baton Rouge, LA</i>
01/11 – 12/11	<i>Graduate Assistant, Counselor Education, Louisiana State University, Baton Rouge, LA</i>
07/10 – 12/10	<i>Support Coordinator, Mental Health of America, Baton Rouge, LA</i>
08/10 – 12/10	<i>Tutor, LSU Academic Center for Student Athletes, Baton Rouge, LA</i>

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### GRANTS NOT FUNDED

**Henry, H. L.** (2017). *The relationship between age, religious identity, and transgender counseling competency in Master’s students enrolled in CACREP accredited programs* SACES Research Grant. [\$500.00]