DEBORAH LYNN DUENYAS

dduenyas@sbu.edu

EDUCATION

2017 Ph.D. Counselor Education and Supervision

A CACREP-Accredited Counselor Education and Supervision Program

Kent State University, Kent, OH

2011 M.Ed. Psychological Counseling

Teachers College, Columbia University, New York, NY

2004 Post Baccalaureate Studies, New Jersey Highly Qualified Elementary Education

Teacher

William Paterson University, Wayne, NJ

2002 B.A. Communication

Rutgers the State University of New Jersey, New Brunswick, NJ

LICENSURE AND CERTIFICATION

- Licensed Professional Counselor (LPC) Pennsylvania #PC01850
- Licensed Professional Clinical Counselor (LPCC) Ohio #E.1700438
- Standard Teaching Certification New Jersey #550666
- Approved Clinical Supervisor (ACS) CCE # ACS-5455
- Mindfulness-Based Stress Reduction (MBSR) Qualified Teacher Level 1

PROFESSIONAL EXPERIENCE

TEACHING EXPERIENCE

2025-Present Professor

St. Bonaventure University, St. Bonaventure, NY

Courses Taught: Theories and Techniques of Counseling (CE-530/Online),

Psychological Testing and Assessment (CE-560/Online)

2016 - 2025 Associate Professor

Kutztown University of Pennsylvania, Kutztown, PA

Department of Counselor Education and Student Affairs

Courses Taught: Mindfulness-Based Interventions for Counselors (COHS 560), Neuroscience for Counselors (COHS 521/Online), Counseling and Family Systems (COHS 554), Professional Orientation and Ethics for the Mental Health Professional (COHS 518), Contemporary Issues in Marriage and Family Counseling (COHS 544), Creative Approaches in Counseling (COHS 505), Internship in Clinical Mental Health

Counseling (COHS 594), Fundamentals of Counseling (COU 530), Tests and

Assessment in Counseling (COU 507), Research Methods in Counseling (COU 508), Practicum in Clinical Mental Health Counseling (COU 580), Counseling Theories (COU

548)

2022 - Present Adjunct Professor

University of the Cumberlands, Williamsburg, KY Department of Counselor Education and Supervision

Courses Taught: Theories of Counseling COUN539/Online), Psychological Assessment in Clinical Practice (COUN535/Online), Marriage and Family Counseling

(COUN634/Online). Research Methods (COUN638/Online)

2024 - 2025 Adjunct Professor

St. Bonaventure University, St. Bonaventure, NY

Courses Taught: Family and Couples Counseling (CE-649/Online)

2022-2023 Adjunct Professor

Philadelphia College of Osteopathic Medicine, Philadelphia, PA

Courses Taught: Psychodiagnosis and Psychopharmacology (COUN 503)

2014 Adjunct Professor,

John Carroll University, Cleveland, OH

Department of Counseling

Courses Taught: Clinical Evaluations, Educational Procedures for the Exceptional

Child, Learning - Teaching

2013 Instructor,

Kent State University, Kent, OH

Department of Counselor Education & Supervision Courses Taught: Group Work: Theory and Technique

2011 - 2014 Co-Instructor

Kent State University, Kent, OH

Department of Counselor Education & Supervision

Courses Taught: Individual Counseling Procedures, Internship I, Internship II

2011 Lecturer,

Eastwick College, Ramsey, NI

Nursing

Courses Taught: Developmental Psychology

CLINICAL EXPERIENCE

2023 - Present Licensed Professional Counselor, Founder and Owner

Crafty Couch Counseling, LLC, Pipersville, PA

2020 - 2022 Licensed Professional Counselor, Independent Contractor

Journey to Psychological Wellness, LLC, Allentown, PA

2014 – 2016 School-Based Counselor, Outpatient Therapist

Child Guidance and Family Solutions, Akron, Ohio

2013 - 2014 Professional Counselor, Doctoral Intern The Cleveland Clinic Foundation, Cleveland, Ohio Chronic Pain Rehabilitation Program Psychology and Psychiatry Department 2012 Advanced Practicum Student, Doctoral Level Kent State University, Kent, Ohio Counseling and Human Development Center 2009 - 2011 Behavioral Health Intern, Master's Degree Level Gestalt Center for Psychotherapy and Training, New York, NY 2010 - 2011 Behavioral Health Intern, Master's Degree Level Pathways Counseling Center, Pompton Lakes, NJ 2010 Counseling Practicum Student, Master's Degree Level Teachers College, Columbia University, New York, NY Dean Hope Center for Educational and Psychological Service

RELATED WORK EXPERIENCE

2011 - 2014	Graduate Assistant Kent State University, Kent, Ohio College of Education, Health and Human Services
2007 - 2008	Reading Specialist Washington Academy, Cedar Grove, NJ
2006 - 2007	English Language Instructor NOVA Corporation, Osaka, Japan
2004 - 2006	Classroom Teacher Washington Academy, Cedar Grove, NJ
2002 - 2003	Paraprofessional The Children's Institute, Verona, NJ

SCHOLARLY GROWTH

Conference Presentations

State Presentations

1. **Duenyas, D.L.** (2025). *The Mindful Maker: Managing Advocacy Related Stress in Counseling*. Pennsylvania Counseling Association Bethlehem, PA.

^{*} identifies presentations with students

- 2. **Duenyas, D.L**. & Perkins, R. (2024). *Integrating Makerspace Ideology and Activities into Clinical Practice*. Pennsylvania Counseling Association. Harrisburg, PA.
- 3. Perkins, R. & **Duenyas, D. L.** (2024). *Counseling in the School Library Makerspace: Collaborating for Mindfulness and Wellness*. Pennsylvania School Librarians Association. Pocono Mountains, PA.
- 4. **Duenyas, D.L.** (2023). *Creative Approaches in Counseling.* Pennsylvania Counseling Association. Harrisburg, PA.
- 5. **Duenyas, D.L.,** *Smola, I., and *Christian, A. (2023). *A Neuroscience Informed Guiding Metaphor for Graduate Counseling Students*. 11th Annual Chi Sigma Iota Pennsylvania Statewide Conference. Indiana University of Pennsylvania, PA.
- 6. **Duenyas, D.L.,** *Sumiel, A., Krahwinkel, J. (2022). *Experiences of Underrepresented Students in Master's Level Counselor Education Programs*. Pennsylvania Counseling Association. Pittsburgh, PA.
- 7. **Duenyas, D.L.,** *Sweeney, M.V., *Haines, S., & *Preston, D. (2022). *Creative Interventions for the Neuroscience-Informed Counselor*. 10th Annual Chi Sigma Iota Pennsylvania Statewide Conference. Villanova University, PA.
- 8. Moss, L., Cogorono, L., & **Duenyas, D.L.** (2021). *We Make Better Choices Than I: An LPC Peer Consultation Model*. Pennsylvania Counseling Association. King of Prussia, PA.
- 9. **Duenyas, D.L.**, *Rodrigues, F., & *Womer, A. (2018). *Neuroscience Informed Counseling: A Global Practice*. Chi Sigma Iota Pennsylvania Statewide Conference. West Chester, PA.
- 10. **Duenyas, D.L.,** *Masemore, L. (2018). *Mindfulness Meditation Practice for Undergraduate College Students*. Chi Sigma Iota Pennsylvania Statewide Conference. West Chester, PA.
- 11. **Duenyas, D.L.**, Moss, L. (2017). *Collaboration Strategies for Professional International Counselors*. Chi Sigma Iota Pennsylvania Statewide Conference. Scranton, PA.

Regional Presentations

- 12. **Duenyas, D.L.,** & *Cooper, C. (2022, November). *Trauma Sensitive Mindfulness for Moral Injury*. North Atlantic Region Association for Counselor Education and Supervision Conference, Pittsburgh, PA.
- 13. **Duenyas, D.L.**, *Rogdriguez, F., *Masemore, L., & Womer, A. (2018, September). *Enhancing Pedagogy, Supervision, and Scholarship through Innovation and Technology*. North Atlantic Region Association for Counselor Education and Supervision Conference, Burlington, VT.

National Presentations

- 14. **Duenyas, D.L.**, & Perkins, R. (2025). *The Bucket's Overflowing: Managing Advocacy-Related Stress in Counselor Education and Supervision*. Association for Counselor Education and Supervision Conference. Philadelphia, PA.
- 15. **Duenyas, D.L.**, & Comando, C. (2025). *Finding My Rhythm in Counselor Education: Integrating Music-based Activities into Teaching and Supervision*. Association for Counselor Education and Supervision Conference. Philadelphia, PA.
- 16. Perkins, R. & **Duenyas, D.L.** (2025). *Maker Therapy: Collaborating with Counselors in the Makerspace to Support Mindfulness and Wellness*. American Library Association Conference, Philadelphia, PA.
- 17. **Duenyas, D.L.** & *Sumiel, A. (2021). *Experiences of Racially Minoritized Students in Counselor Education*. Association of Counselor Education and Supervision Conference, Atlanta, GA.
- 18. **Duenyas, D.L.** & Perkins, R. (2019). *Makerspace and Interdisciplinary Collaboration: Infusing Creativity into Counselor Education*. Association of Counselor Education and Supervision Conference. Seattle, WA.
- 19. **Duenyas, D.L.,** Moser, L. & *Sumiel, A. (2019). *Person Centered Narratives for Suicide Survivors.* Association for the Development of the Person-Centered Approach. Kutztown, PA.

- 20. *Hanna, G., **Duenyas, D.L.** (2019). *An Analysis of Counseling Organization Mission Statements from Around the Globe*. American Counseling Association. New Orleans, LA.
- 21. **Duenyas, D.L.** (2018). *Professional Adjustment Experiences of International Counseling Graduates.* American Counseling Association. Atlanta, GA.
- **22. Duenyas, D.L.,** Akcil, S. (2017). *Professional Adjustment Experiences of International Counseling Graduates.* Association for Counselor Education and Supervision Conference. Chicago, IL.
- 23. Moss, L., Springer, S., Pennamon, R., & **Duenyas, D.L**. (2017). *Forging the Future of Scholarly Collaboration of Counselor Educators*. Association for Counselor Education and Supervision Conference, Chicago, IL.

International Presentations

24. Perkins, R. & **Duenyas, D.L.** (2023). *Counseling in the Makerspace: Collaboration for Mindfulness and Wellness.* International Society for Technology in Education, Philadelphia, PA.

Invited Presentations

- 25. Nice, M., Deurline, A., & **Duenyas, D.L.** (2023). *Counseling Association Leadership Recruitment.* 11th Annual Chi Sigma Iota Pennsylvania Statewide Conference, Indiana University of Pennsylvania, PA.
- 26. **Duenyas, D.L.** & Nice, M. (2022). *To Serve or Not to Serve: Pennsylvania Counseling Association Servant-Leadership Opportunities*. 10th Annual Chi Sigma Iota Pennsylvania Statewide Conference, Villanova University, PA.
- 27. **Duenyas, D.L.** & Nice, M. (2021). *Pennsylvania Counseling Association Leadership Opportunities. Pennsylvania Counseling Association,* King of Prussia, PA.
- *28.* **Duenyas, D.L.** & Nice, M. (2021). *Pennsylvania Counseling Association Conference Welcome and Orientation. Pennsylvania Counseling Association,* Pennsylvania Counseling Association, King of Prussia, PA.
- 29. **Duenyas, D.L.** (2021). *Professional Development, Service, and Leadership: Recommendations for New Counselors*. Greater Philadelphia Area Counseling Association, Virtual Career Fair.
- 30. **Duenyas, D.L.,** Scanlon, N. (2020). *Pennsylvania Counseling Association Leadership Opportunities*. Pennsylvania Counseling Association, Virtual Conference.

Keynote Speaker

- 31. **Duenyas, D.L.** (2024). *Counseling and Creativity in Our Communities*. Greater Philadelphia Area Counseling Association 8th Annual Trauma Symposium. Philadelphia, PA.
- 32. **Duenyas, D.L.** (2024). *Advocacy and Creativity in Counseling*. Indiana University of Pennsylvania's Department of Counseling 2nd Annual Social Justice Conference.

Awards Received

- 33. Sabbatical Leave for Scholarly Writing (August 2023 August 2024)
- 34. President's Award Pennsylvania Counseling Association (October 14, 2022)
- 35. The Pennsylvania Healthcare Power 100 City & State Magazine, (July 18, 2021)
- 36. Outstanding Professional Teaching Award Pennsylvania Counseling Association, Virtual Conference, (October 3, 2020)

Offices Held in Professional Organizations

Regional Offices Held

37. North Atlantic Region American Counseling Association Representative (2020-2023)

State Offices Held

38. Pennsylvania Counseling Association

- Archives Chair (2022-present)
- Past-President (2022-2023)
- President (2021-2022)
- President-Elect (2020-2021)
- Co-Chair, Awards Committee (2020-2021)
- Chair, Awards Committee (2019-2020)

Local Office Held

39. **Greater Philadelphia Area Counseling Association** *Co-Chair, Trauma Symposium Conference Planning Committee* (2019-2020)

Invitational Lectures Given

Guest Lectures at other Universities

- 40. *Neuroscience-informed Counseling* Remotely delivered at Indiana University of Pennsylvania (08/08/2024)
- 41. *Counseling Jewish American Women* Remotely delivered at Ashland Theological Seminary (11/12/2020)

Grant Acquisition

* identifies grants acquired with KU students

External Grant

- 42. **Duenyas, D.L.** & *Craley, B. (2024). Chapter Development Grant. \$400 Awarded by Chi Sigma Iota, International
- 43. **Duenyas, D.L.** (2019). Chapter Development Grant. \$250 Awarded by Chi Sigma Iota, International

Internal Grant: Research Grant

44. Perkins, R. & **Duenyas, D.L.** (2024). Kutztown University Research Grant Title: Makerspaces: How are they utilized and perceived by K-12 teachers and counselors? **\$8000 Awarded**

Internal Grant: Travel Assistance

- 45. Duenyas, D.L. (2025). Kutztown University Travel Assistance Grant. \$1000 Awarded.
- 46. Duenyas, D.L. (2024). Kutztown University Travel Assistance Grant. \$480 Awarded.
- 47. Duenyas, D.L. (2022). Kutztown University Travel Assistance Grant. \$870 Awarded.
- 48. Duenyas, D.L. (2021). Kutztown University Travel Assistance Grant. \$1000 Awarded.
- 49. **Duenyas, D.L.** & Perkins, R. (2019). Kutztown University Travel Assistance Grant. **\$1000** (**\$500**, each) Awarded.
- 50. Duenyas, D.L. (2018). Kutztown University Travel Assistance Grant. \$1000 Awarded.
- 51. **Duenyas, D.L.** (2017). Kutztown University Travel Assistance Grant. **\$1000 Awarded.**

Internal Grant: Instructional Materials

52. Duenyas, D.L. (2023). Kutztown University Instructional Materials Grant. \$1000 Awarded.

- 53. Duenyas, D.L. (2018). Kutztown University Instructional Materials Grant. \$499 Awarded.
- 54. **Duenyas, D.L.** (2017). Kutztown University Instructional Materials Grant. **\$700 Awarded.**

Internal Grant: Individual Study Grant

- 55. Duenyas, D.L. (2021). Kutztown University Individual Study Grant. \$600 Awarded.
- 56. Duenyas, D.L. (2017). Kutztown University Individual Study Grant. \$407 Awarded.

Editorship of Professional Journal

National Journal Editorial Board Member

57. **Journal of Mental Health Counseling** Editorial Board Member (2018-present)

Research Projects & Publication Record

* identifies Research Projects & Publications with KU students

Published Books

58. **Duenyas, D.L.** & Perkins, R. (2025). *Creative Counseling: Empowering Health through Makerspace Innovation*. Los Angeles, CA: Cognella.

Refereed Journal Publications

- 59. **Duenyas, D.L.** & Perkins, R., & Krahwinkel, J. (2025). Graduate counseling students' perceptions of a maker therapy workshop: A pilot study. *Journal of the Pennsylvania Counseling Association*, 27(1). https://doi.org/10.71463/ZGET2328
- 60. **Duenyas, D.L.,** *Sumiel, A., & Krahwinkel, J. (2023). Experiences of underrepresented master's students in counselor education. *Journal of Counselor Preparation & Supervision*, 17(2). https://digitalcommons.sacredheart.edu/jcps/vol17/iss2/8
- 61. **Duenyas, D.L.,** Budesa, Z., & Luke, C. (2022). Neuroscience-informed technology: Implications for professional counselors. *Journal of Technology in Counselor Education and Supervision*. https://doi.org/10.22371/tces/0013
- 62. **Duenyas, D. L.**, & Perkins, R. (2020). Making space for a makerspace in counselor education: The creative experiences of counseling graduate students. *Journal of Creativity in Mental Health*, 16(4), 537-547. https://doi.org/10.1080/15401383.2020.1790456
- 63. **Duenyas, D. L**. & Luke, C. (2019). Incorporating neuroscience into counseling practice: Lessons from teaching a graduate course. *The Professional Counselor*. https://doi.org/10.15241/dld.9.4.369
- 64. **Duenyas, D. L.**, Akcil, S., & Osborn, C. (2019). Professional adjustment experiences of international counseling graduates. *International Journal for the Advancement of Counselling*, 42(1), 21-36. https://doi.org/10.1007/s10447-019-09386-6
- 65. Storlie, C.A., Hilton, L. T., & **Duenyas, D. L.**, Archer, R., Glavin, K. (2018). Career narratives of African American female college students: Insights for college counselors. *Journal of College Counseling*, 21, 29-42.
- 66. Storlie, C.A., Mostade, J. J., & **Duenyas, D.L**. (2016). Cultural trailblazers: Exploring the career development of Latina first-generation college students. *The Career Development Quarterly*, 64.
- 67. Storlie, C. A., Woo, H., Dipeolu, A., & **Duenyas, D.L**. (2015). Infusing ethics in psychopharmacology course design. *Journal of Creativity in Mental Health*, 10 (4), 507-521. doi:10.1080/15401383.2015.1044682

Peer-Reviewed Book Chapters

- 68. **Duenyas, D.L.** (2022). Contributing author. In S. Springer., L. Moss, N. Manavizadeh, & A. Pugliese (Eds.). *A School Counselor's Guide to Small Groups: Coordination, Leadership, & Assessment* (2nd Edition). Alexandria, VA: Association for Specialists in Group Work.
- 69. **Duenyas, D.L**. (2022). Contributing author. In Hamlet, H. S. (Ed.). *School Counseling Practicum and Internship*. Thousand Oaks, CA: SAGE Publications Inc.
- 70. **Duenyas, D. L.** (2021). Contributing author. In R. Miller & E. T. Beeson (Eds.). *The Neuroeducation Toolbox: Practical Translations of Neuroscience in Counseling and Psychotherapy*. Cognella Academic Publishing.
- 71. **Duenyas, D. L.** (2018). Contributing author. In S. Springer., L. Moss, N. Manavizadeh, & A. Pugliese (Eds.). *A School Counselor's Guide to Small Groups: Coordination,* Leadership, & Assessment. Alexandria, VA: Association for Specialists in Group Work.

Magazine Articles

- 72. **Duenyas, D.L.** (November, 2024). <u>Learning ways to better regulate our nervous system</u>. *Counseling Today*, 20-21.
- 73. **Duenyas, D.L.** (January, 2012). International counseling resources for counselors, educators, and students. Counseling Today, 54(7), 18-19.

Professional Interviews/Meetings which Support Scholarly Growth

Professional Interviews

- 74. **Duenyas, D.L.** (2024). 'Expert Interview Series'. Interviewed by Chad Luke [Zoom], *Working with Children and Adolescents: Clinical Interventions for Contemporary Issues*, Mental Health Academy Credential Course, 27 June.
- 75. **Duenyas, D.L.** & Perkins, R. (2024). 'Makerspaces as Revolutionary Counseling Technology'. Interviewed by Brian Nuckols [Zoom], Studies in Counseling, Podcast, 19 February. https://brianjnuckols.podbean.com/e/makerspaces-as-revolutionary-counseling-technology/

Published Interviews (Digital News and Research Magazine)

76. **Duenyas, D.L.** & Perkins, R. (2023). 'Makerspaces in schools can support student mental health'. Interviewed by Nadia Tamez-Robledo, *EdSurge Education Research*, 19 May. https://www.edsurge.com/news/2023-05-19-how-makerspaces-in-schools-can-support-student-mental-health

Certificate Training Meetings

- 77. ACA Certificate in Counseling Interventions and Evidence-Based Treatment for Specific Issues with Children and Youth, American Counseling Association (Online Course, 8 Contact Hours, Fall 2024)
- 78. Mindfulness-Based Stress Reduction (MBSR) Teacher Advancement Intensive, Mindfulness Center, Brown University School of Public Health (Online Course, 9 days, 90 Contact Hours, Spring 2024)
- 79. Mindfulness-Based Stress Reduction (MBSR) Foundations, Mindfulness Center at Brown University School of Public Health (Online Course, 10 weeks, 70 Contact Hours, Spring 2022)
- 80. Mindfulness-Based Stress Reduction (MBSR), Mindfulness Center, Brown University School of Public Health (Online Course, 8 weeks, 30 Contact Hours, Winter 2021)
- 81. Pennsylvania Society for Sexual, Affectionate, Intersex, Gender Expansive Communities (PS SAIGE), Pennsylvania Counseling Association Virtual Pre-Conference Learning Institute (Fall 2020)
- 82. Applying the Quality Matters Rubric (APPQMR), Kutztown University, Kutztown, PA (Summer 2019)

- 83. The Power of Awareness: Mindfulness Training to Cultivate Clarity, Compassion & Well-Being. Online Course. (7-Weeks, Fall 2018).
- 84. Teaching Online Certificate Course (TOCC), Kutztown University, Kutztown, PA (Summer, 2017)

Professional Meetings/Continuing Education

- 85. Kutztown University Department of Social Work 9th Annual Clinical Updates Colloquium (Online, 1/10/25)
- 86. Attend quarterly Pennsylvania Counseling Association Meetings (2019 Present)
- 87. North Atlantic Region Leadership Training (Virtual Webinar, 4/29/22 4/30/22)
- 88. American Counseling Association National Conference & Expo, Atlanta, GA (4/7/22 4/9/22)
- 89. White House Conversation: Mental Health Professionals and the COVID-19 Vaccinations Effort (Teleconference, 6/21/21)
- 90. North Atlantic Region Leadership Training (Virtual Webinar, 4/30/21 5/1/21)
 - -Crossing the Bridge to Quality with the QM Course Design Guide & Course Plan (Virtual Webinar, 7/2020)
 - -Exploring Barriers and Themes Linked to Racial Distress in the Counseling Relationship, Pennsylvania Association of Multicultural Counseling & Development, (Virtual Webinar, 6/2020)
 - -Question Persuade Refer (QPR), Kutztown University, Kutztown, PA (10/2019)
 - -Creativity in Counseling, Kutztown University, Kutztown, PA (11/2018)
 - -PA Neuroscience for Clinicians: Brain Change for Stress, Anxiety, Trauma, Moods and Substance Abuse, Bethlehem, PA (One Day Training, 10/2017)

SERVICE

Service to the Department of Counselor Education and Student Affairs

Human Resource Management

- 1. **Faculty Search Committee**, Chair, Tenure-Track Faculty (2024-2025)
- 2. **PET Committee Member,** Tenure-Track Faculty (2021-present)
- 3. **Faculty Search Committee, Chair**, 5 Temporary searches (2022)
- 4. **Graduate Assistant Co-coordinator**, 2 Full-time positions, 1 Part-time position (2021-Present)
- 5. **PET Committee Member**, Temporary Faculty (2017-2021)
- 6. **Faculty Search Committee Member**, 4 Temporary searches (2021)
- 7. **Faculty Search Committee Member**, 2 Temporary searches (2020)
- 8. Faculty Search Committee Member, 1 Tenure Track search and 3 Temporary Searches (2019)
- 9. **Faculty Search Committee Co-chair**, 3 Temporary searches (2018)
- 10. Faculty Search Committee Co-chair, 2 Temporary searches (2017)

Clinical Mental Health Counseling Program

- 11. Clinical Mental Health Counseling Program, Co-Coordinator (2021-present)
- 12. Addictions Counseling Program, Co-Coordinator (2024-present)
 - -Clinical Mental Health Counseling Program, Coordinator (2018-2020)
 - -Clinical Mental Health Counseling Program, Co-Coordinator (2017-2018)

Department Committees & Colloquia

- 13. **Department Course Mentor**, Professional Orientation and Ethics for the Mental Health Professional, Contemporary Issues in Marriage and Family Therapy, Practicum in Clinical Mental Health Counseling (2022-present)
- 14. **Annual Supervisor Training Workshop**, Organizer (2018-present)
- 15. **Approved Continuing Education Provider**, ACEP Administrator, (2018-present)
- 16. Practicum/Internship University Affiliation Agreement, Organizer (2018-present)
- 17. Winter Teaching Assignments (Winter 2022, 2024)
- 18. Summer Teaching Assignments (Summer 2017, 2018, 2019, 2020, 2021, 2022, 2023, 2024)
- 19. **ACA Student Ethics Competition, Masters-level Entry**, Faculty Liaison, (2016-2018)
- 20. Virtual Graduation Committee, Member (2020)
- 21. **Independent Study/Individualized Instruction** (4 Semesters)

Accreditation

- 22. CACREP Section Five: Entry-Level Specialty Areas, Liaison to the Site Visit Team (2024)
- 23. CACREP Curriculum Development, COU 518, COU 544, COU 554, COU 580 (2022-2023)
- 24. CACREP Data Assessment Committee, member (2018-2019)

Development of New Courses

- 25. COHS 560: Mindfulness-Based Interventions in Counseling (2024-present)
- 26. COHS 505: Creative Approaches in Counseling (2022-present)
- 27. COU 521: Neuroscience for Counselors (2018-present)

Academic Honor Society

- 28. **Chapter Faculty Advisor**, Chi Omega Upsilon Chapter of Chi Sigma Iota (2022 present)
- 29. **Back-up Faculty Advisor**, Chi Omega Upsilon Chapter of Chi Sigma Iota (2021 2022)
- 30. Founding Chapter Faculty Advisor of the Chi Omega Upsilon Chapter of Chi Sigma Iota, International Academic and Professional Honor Society for Counselors (2017- 2021)
 - Annual Awards Ceremony (Spring 2019, Spring 2020, Spring 2021, Spring 2022, Spring 2023, Spring 2025)
 - Annual Induction Ceremony (Spring 2018, Spring 2019, Spring 2020, Spring 2021, Spring, 2022, Spring 2023, Spring 2025)
 - Monthly Leadership and Member Meetings
 - Professional Development Workshops
 - Professional Advocacy Workshops
 - Community Service Drives
 - Social and Wellness Events

Service to the College of Education

College of Education Committee Services

- 1. **Council for Teacher and Counselor Education**, member (2017-2023)
- 2. **College of Education Curriculum Committee**, member (2017-2021)

Service to the University

Trainings & Guest Lectures Delivered

- 1. **Kutztown University Housing and Residence Life** (November 9, 2021) Mindfulness Strategies for College Students, Training Facilitator
- 2. **Kutztown University Housing and Residence Life** (August 9, 2021) Supporting College Student Mental Health After the Coronavirus Lockdown, Training Facilitator
- 3. **Guest Speaker, Helping Interventions in Student Affairs** (February 23, 2021) Presented on College Student Mental Health Awareness Amidst Covid-19
- 4. **Kutztown University Housing and Residence Life** (July 31, 2020) College Student Mental Health Awareness Amidst Covid-19, Training Facilitator
- 5. **Guest Speaker, Helping Interventions in Student Affairs** (February 26, 2020) Presented on College Student Mental Health Awareness for Student Affairs' Professionals
- 6. **Guest Speaker, First Year Seminar** (November 7, 2019) Presented on College Student Mental Health Awareness
- 7. **Kutztown University Undergraduate Honors Program** (April 25, 2019) *Neuroscience of Stress Presentation, Training Facilitator*
- 8. **Kutztown University Housing and Residence Life** (January 19, 2018) College Student Mental Health Awareness, Training Facilitator
- 9. **Guest Speaker, Psychology** (February 19, 2018) Consider Graduate Program in Counselor Education at Kutztown University
- 10. **Guest Speaker, Psychology** (March 8, 2018) Consider Graduate Program in Counselor Education at Kutztown University
- 11. **Kutztown University Brown Bag Discussions** (April 20, 2017)
 Presented on The Professional Experiences of International Counseling Graduates

University Appointments & Committees

- 12. **University Senate**, Graduate Council Representative (2024-present)
- 13. **Graduate Council**, member (2018-2023, 2024-present)
- 14. **Provost Advisory Council,** member (2019-2023), (2024-present)
- 15. Back-up Faculty Advisor, Hillel (2021-2023)
- 16. International Affairs Committee, College of Education Representative (2021-2023)
- 17. **Commission on Human Diversity**, Secretary (2019-2021)
- 18. **Budget Standing Committee**, APSCUF KU, member (2017-present)
- 19. **Budget Standing Committee**, APSCUF KU, trainee (2016-2017)
- 20. **Legislative Committee**, APSCUF KU, member (2017-present)
- 21. **Legislative Committee**, APSCUF KU, trainee (2016-2017)
- 22. **Graduate Exceptions Committee,** member (2016-2018)

Colloquia

23. **Designing a Study Abroad/Away Program**, Participant (January 15, 2025)

Service to the Counseling Profession

Conference Contributions

- 1. **Conference Proposals for the Association for Counselor Education and Supervision,** Reviewer, (2025)
- 2. **Conference Proposals for the Association for Counselor Education and Supervision,** Reviewer, (2023)
- 3. Awards Committee for Pennsylvania Counseling Association, Reviewer (2022)
- 4. Conference Proposals for the American Counseling Association, Reviewer, (2021)
- 5. **Conference Planning Committee for the Pennsylvania Counseling Association**, Conference Coordinator (2021)
- 6. **Conference Proposals for the Association for Counselor Education and Supervision,** Reviewer, (2021)
- 7. Conference Planning Committee for the Pennsylvania Counseling Association, Member (2020)
- 8. Awards Committee for Pennsylvania Counseling Association, Reviewer (2018)
- 9. Conference Proposals for the North Atlantic Region Association for Counselor Education and Supervision, Reviewer (2019)
- 10. Conference Proposals for the Pennsylvania Counseling Association, Reviewer (2018)

Service to the Greater Community

General Community Service

- 1. Girls Empowered, Inc., Summer Empowerment Camp, Volunteer (Summer 2024)
- 2. The Kindness Project, Volunteer (2019 2022)

PROFESSIONAL AFFILIATIONS

(ACA) American Counseling Association

(ACES) Association for Counselor Education and Supervision

(NARACES) North Atlantic Region Association for Counselor Education and Supervision (PCA) Pennsylvania Counseling Association

(CSI) Chi Sigma Iota, Chi Omega Upsilon, International Counseling Honor Society

(GPACA) Greater Philadelphia Area Counseling Association