

Alison B. Bourdeau, Ph.D., RMFTI
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EDUCATION

Ph. D., 2019

Florida Atlantic University
Major: Counseling
CACREP Accredited

M.S. Ed., 2010

University of Miami
Major: Counseling, Marriage & Family Therapy

M.S. Ed., 2005

University of Miami
Major: Education, Exceptional Student Education/ Pre-Kindergarten Disabilities/English for Speakers of Other Languages

B.S. Ed., 2002

University of Miami
Major(s): Elementary Education K-6 & Psychology

PROFESSIONAL EXPERIENCE

St. Bonaventure University

Assistant Professor, Counselor Education (2020-Present)

Neurodivergent Wellness, LLC

Private Consultant (July 2019-Present)

Palm Beach Behavioral Health & Wellness

Marriage & Family Therapist (July 2019-Present)

Center for Autism & Related Disabilities at Florida Atlantic University

Clinical Support Specialist (2013-July 2019)

Provided training, consultation, and support to families with children on the spectrum, adult constituents, schools and related agencies. Developed adult social groups for mixed-gender and female constituents.

Boys Town of South Florida

Care Coordination Consultant (2012-2013)

Coordinated services with various agencies and providers, monitored quality of services and effectiveness.

Palm Beach County Public Schools/Forest Hill Elementary

ESE Teacher (2010-2012)

Students with varying abilities on the Autistic Spectrum, supervise classroom paraprofessionals.

University of Miami/Department of Psychology/ Linda Ray Intervention Center

Research Supervisor (2008-2010)

Supervised research associates, managed study database, communicated with childcare center directors and community agencies. Compiled reports regarding participant data & trends within collection time points, managed filing system to increase efficiency. Worked extensively with the Parenting Stress Index (PSI), MacArthur-Bates Communicative Developmental Inventory (MBCDI), Home Observation for measurement of Environment (HOME), Centers for Epidemiological Depression Scale (CES-D), Child Behavioral Checklist for teachers/caregivers (CBCL), the Battelle Developmental Inventory (BDI-2), & the Adaptive Social Behavior Index (ASBI).

Coral Rock Academy

ESE Teacher (2007-2008)

Lower school instructor, provided assistance with the upper school. Develop curriculum specifically for Asperger's and Autism Spectrum Disorders, supervised classroom assistants.

United Cerebral Palsy of Miami

Early Intervention Provider (2003-2007)

Planned and implemented lessons and daily schedule, supervised two assistants, participated in IEP meetings, and Family Support Plan meetings. Used assessments including: Hawaii Early Learning Profile (HELP), Learning Accomplishment Profile-Diagnostic (LAP-D), Devereux Early Childhood Assessment (DECA), & Phonological & Early Literacy Inventory (PELI)

TEACHING EXPERIENCE

Florida Atlantic University, Boca Raton, FL

Department of Counselor Education/College of Education

SDS 4410 Interpersonal Communication (Fall 2019, Spring 2020)

St. Bonaventure University, Online

Department of Counselor Education, School of Education

CE 511 Advanced Human Growth and Development (Summer 2020)

CE 642 Introduction to Crisis Counseling (Summer 2020)

PUBLICATIONS

Bourdeau, A. (2020). ASD into Adulthood: Managing Challenging Sexual Behaviors. In Whitby, P. S. (2020). Cases on Teaching Sexuality Education to Individuals With Autism (pp. 1-300). Hershey, PA: IGI Global.

Bourdeau, A. & Cunningham Abbott, A. (2019). Understanding family dynamics. In Cunningham Abbott, A. (2019). Counseling adults with autism: A comprehensive toolkit. New York: Routledge/Taylor & Francis.

Bourdeau, A. & Cunningham Abbott, A. (2019). Building social cognition skills. In Cunningham Abbott, A. (2019). Counseling adults with autism: A comprehensive toolkit. New York: Routledge/Taylor & Francis.

LICENSURES/CERTIFICATIONS

Registered Marriage & Family Therapy Intern

State of Florida, IMT 3135

Program for the Education and Enrichment of Relational Skills® (PEERS®) Certified Provider

Training with Elizabeth Laugeson, Psy.D., 2013

UCLA Semel Institute for Neuroscience and Human Behavior

PROFESSIONAL AFFILIATIONS

National Alliance on Mental Illness of Palm Beach County (NAMI PBC)
Vice President, Board of Directors 2019-present
Board Member, 2018-2019
South Florida Baker Act Task Force, 2018-2019
American Counseling Association, 2015-Present
International Association of Marriage & Family Counseling, 2015-Present
Association for Assessment and Research in Counseling, 2015-Present
Chi Sigma Iota-Beta Rho Chi Chapter, Counseling Academic and Professional Honor Society
International, Florida Atlantic University, President, 2018-2019, President-Elect 2017
Board Member, Treasure Coast Autism Project 2013-2014
Sexual Assault Response Team /University of Miami, Victim counselor 2009-2010

PROFESSIONAL PRESENTATIONS

Bourdeau, A. (2020). *Sex, Sexuality, & ASD: Rationale for having "The Talk."*
State CARD Conference, Orlando, FL.

Bourdeau, A. (2020). *Sex, Sexuality, & ASD: Rationale for having "The Talk."*
Palm Beach School for Autism, West Palm Beach, FL.

Bourdeau, A. (2019). *Hygiene and Personal Safety for Individuals with ASD*
Palm Beach School for Autism, West Palm Beach, FL.

Bourdeau, A. (2019). *ASD and Mental Health*. Palm Beach County Crisis Intervention Training (CIT) (multiple dates). Palm Beach County, FL.

Bourdeau, A. (2019). *The Spectrum of Support: Aiding Students with Autism*. Palm Beach State College, Lake Worth, FL.

Bourdeau, A. (2019). *ASD & Title IX Issues*. Palm Beach State College, Lake Worth, FL.

Bourdeau, A. (2019). *ASD & Mental Health*. State CARD Conference Administrative Meeting, Orlando, FL.

Bourdeau, A. (2019). *Hygiene and Sexuality for Individuals with ASD*. State CARD Conference All Staff Meeting, Orlando, FL.

Bourdeau, A. (2019). *The Friendship Factor: The Impact of Social Engagement on Well-Being*. State CARD Conference, Orlando, FL.

Bourdeau, A. (2018). *Opening the Social Circle: Tips for Young Adults to Socially Connect*. Lynn University Transitions Conference, Boca Raton, FL.

Bourdeau, A. (2017). *Counseling Adults with ASD: The Application of Evidence-Based Practices & Outcome Measures to Assess Treatment*. FAU Center for Autism & Related Disabilities Summer Academy, Jupiter, FL.

Bourdeau, A. (2017). *10 Evidence-Based Tips for Counseling Adults with ASD*. State CARD Conference, Orlando, FL.

Bourdeau, A. (2016). *Counseling Adults with ASD: The Application of Evidence-Based Practices & Outcome Measures to Assess Treatment*. Association for Assessment and Research in Counseling, Fort Lauderdale, FL.

Bourdeau, A. (2016). *10 Tips for Counseling Adults with Autism*. American Counseling

Association, Montreal, Canada.

Bourdeau, A. (2016). *Characteristics of Autism Spectrum Disorder in University Students*. Palm Beach Atlantic University, West Palm Beach, FL.

Bourdeau, A. (2015). *Social Skill Strategies for the Summer Opportunity for Adult Readiness Program for Young Adults with ASD*. Florida Atlantic University, Boca Raton, FL.

Bourdeau, A. (2015). *Strategies for Working with Students with ASD for Health Professionals*. Palm Beach County School District, FL.

Bourdeau, A. (2015). *PEERS: How Do I Make and Keep Friends?* Martin County Public School District, FL.