The Study of Nonviolence

Why does nonviolence require more courage than violence? How, when losing your cool, can you maintain control and self-discipline?

How was Gandhi able to predict the nonviolent civil rights movement in the U.S. before Martin Luther King Jr. was 10 years old?

Why do nations persist in using violence as policy despite thousands of years of evidence that nonviolence works more effectively?

These questions and many others represent the core of St. Bonaventure University’s program in nonviolence, one of the longest-standing peace studies programs in the world.

The program offers more courses in nonviolence than any other program in the United States, and is unique among the 350 other peace studies programs in the country in part because of its emphasis on nonviolence as a way of life and not just a strategy for gaining success.

Curriculum

Students wishing to complete a minor in nonviolence must complete six courses:

- Introduction to Nonviolence and Conflict Resolution
- Violence: Its Causes and Effects;
- Any 200-level nonviolence course;
- The Philosophy of Nonviolence; and
- any other two courses from more than 30 options. Visit www.sbu.edu/nonviolence for more information.

Students interested in nonviolence may design their own courses of study in nonviolence as an interdisciplinary major. They may also pursue a minor in nonviolence through an already-approved course of study.

About the Director

Dr. Robin Valeri, professor of psychology, graduated with a B.A., cum laude, in psychology from Cornell University and an M.A. and Ph.D. in psychology from Syracuse University.

Her research focuses on hate, hate groups and terrorist organizations, including their use of the internet and social media as a recruitment, communication, and propaganda tool.

Valeri is co-editor of the forthcoming books “Cyber Hate: Examining White Supremacy in Cyberspace” and “Serial Crime: A Criminological and Psychological Perspective.”

In 2018, she co-edited “Hate Crimes: Victims, Motivations and Typologies,” and “Terrorism in America,” which was included on BookAuthority’s list of the 10 best new criminology ebooks to read in 2019. She also co-authored “Skinhead History, Identity and Culture,” published in 2017.

In addition to being a member of the St. Bonaventure faculty, Valeri is a committed community volunteer. She is a volunteer firefighter for the Cuba Fire Department, a nationally certified fire investigator, and a member of the Allegany County Fire Investigation Team.

Valeri was honored in 2019 with the university’s Award for Professional Excellence in Research and Publishing.