# **Garrett Gethers**

6 Ocean Ave • Hilton, NY 14468 (333) 445-6677 • ggethers@bonaventure.edu

# **EDUCATION**

St. Bonaventure University

Bachelor of Arts in Psychology

Dean's List: all semesters GPA: 3.9/4.0

Honors: Psi Chi Honors Society, Psychology Scholars, Honors Program, Phi Eta Sigma Freshman Honors Society

# INTERNSHIP

## **Clinical Intern**

Port Psychological Services, Inc., Port Allegany, PA

- Assisted Therapeutic Support Specialist during weekly interventions at local elementary school •
- Scored psychological inventories for children and adults including: MMPI-A, MMPI-2, CPI, FAB-C, BASC
- Attended conference "Best Practices for Child and Adolescent Mental Health Services" presented by Dr. Gordon R. Hodas
- Attended inter-agency team meetings regarding wrap-around services for clients in McKean County

# ACADEMIC RESEARCH

# St. Bonaventure University

Honors Thesis: Building Better Communication: Investigating Cattaraugus County's Mental Health Resources for Individuals with Autism Spectrum Disorder and their Families Spring 20xx

• Research currently in progress

- Human Learning and Memory Research
  - Conducted research at the University regarding adults' metacognition •
  - Recorded and analyzed data used for analysis •
  - Based on experiment results, it was concluded that feedback improves adults' metacognitive awareness

# Public Health Research

- Conducted research at a local school regarding children's understanding of health •
- Recorded data used for analysis
- Based on experiment results, it was concluded that children are able to understand health when displayed using "emolabeling"

Depression and Art Therapy

- Conducted research on undergraduate students regarding their mood and arousal reactions to drawing specific foods
- Collected data used for analysis
- Based on experiment results, it was concluded that drawing nutrient-specific foods (high fat, • high sugar; low fat, high sugar; high fat, low sugar) increases mood and arousal
- Results suggested that art therapy could be used as a potential technique to treat depression •

# **PUBLICATIONS**

### Scholarly Peer-Reviewed Journals

- Privitera, G. J., Phillips, T. E., Gethers, G. L., & Paque, R. (20xx). The effectiveness of "emolabeling" to promote healthy food choices in children preschool through 5th grade. International Journal of Child Health and Nutrition, 3(1), 41-47. doi:10.6000/1929-4247.2014.03.01.5
- Privitera, G. J., Gethers, G. L., & Doraiswamy, P. M. (20xx). From weight loss to weight gain: Appetite changes in Major Depressive Disorder as a mirror into brain- environment interactions. Frontiers in Psychology, 4:873. doi:10.3389/fpsyg.2013.00873
- Privitera, G. J., Moshaty, B. K., Marzullo, F. C., & Gethers, G. L. (20xx). Expressing food through art: Evidence for a nutrient-specific effect on mood. Journal of Behavioral and Brain Science, 3(2), 163-167. doi:10.4236/jbbs.2013.32016

#### St. Bonaventure, NY

Summer 20xx

Spring 20xx

Fall 20xx

May 20xx

St. Bonaventure, NY

Fall 20xx

#### PRESENTATIONS

- Gethers, G.L. & Privitera, G.J. (Fall 20xx) From weight loss to weight gain: Appetite changes in Major Depressive Disorder as a mirror into brain- environment interactions. Poster presented at the annual meeting of the Eastern Psychological Association, New York, NY.
- Gethers, G.L. & Privitera, G.J. (Spring 20xx) Expressing food through art: Evidence for a nutrientspecific effect on mood. Poster presented at the Undergraduate Research Symposium at St. Bonaventure University.

#### **CAMPUS EMPLOYMENT**

#### St. Bonaventure University

Resident Assistant

- Created a positive living environment designed to link community, faculty, and residents
- Implemented and enforced all University and Housing policies, as well as New York State laws • Mediated in conflict resolutions

St. Bonaventure, NY

• Communicated with on-campus offices, such as Medical Emergency Response Team and Safety and Security to avert crisis situations

St. Bonaventure, NY

St. Bonaventure, NY

Led student centered floor programs to promote interpersonal and educational growth

#### St. Bonaventure University

Student Ambassador

Led tour groups around the St. Bonaventure University campus, catering to all guests' needs

#### The Teaching and Learning Center St. Bonaventure, NY September 20xx-May 20xx

Tutor, Note Taker

- Established passive and active programs for education
- Assisted students in developing effective study skills and habits

#### LEADERSHIP

**Psi Chi Honors Society** 

Officer

- Planned events and conducted meetings centered around community mental health and wellbeing
- Served as Vice-President (20xx-20xx)
- Currently serving as President (Fall 20xx-Present)

First Year Experience Program	St. Bonaventure, NY	Fall 20xx-Spring 20xx
-------------------------------	---------------------	-----------------------

Peer Coach

- Supported first year students in the development of social and academic skills •
- Developed positive, motivational relationships with students to assist them in establishing their campus identity

#### Mountain on the Road

Student Leader

- Represented the Franciscan values of St. Bonaventure University at alumni gatherings across the country
- Developed and delivered speeches based on assigned readings and led discussion groups

#### **PROFESSIONAL ORGANIZATIONS**

American Psychological Association American Educational Research Association Association for Psychological Science

January 20xx-Present

January 20xx-May 20xx

Spring 20xx

Fall 20xx-Present

# St. Bonaventure, NY