

Richter Center

Spring 2012 Group Exercise Classes

Monday

Pilates	12:10 - 12:40 p.m.
Ab Lab	4:30 - 4:45 p.m.
Yoga	5:15 - 6 p.m.
Zumba	6:15 - 7 p.m.

Tuesday

Pilates	12:10 - 12:40 p.m.
Ab Lab	4:30 - 4:45 p.m.
Zumba	5:15 - 6 p.m.

Wednesday

Pilates	12:10 - 12:40 p.m.
Ab Lab	4:30 - 4:45 p.m.
Yoga	5:15 - 6 p.m.

Thursday

Pilates	12:10 - 12:40 p.m.
Ab Lab	4:30 - 4:45 p.m.
Zumba	5:30 - 6:15 p.m.

Friday

Pilates	12:10 - 12:40 p.m.
Ab Lab	2:30 - 2:45 p.m.

Classes start Monday, January 16th and will continue until Friday, February 24th. At that time, we will assess the classes and their attendance.